

## LEGIONELLA ADVICE SHEET FOR TENANTS

When flushing outlets (i.e. showers, taps and toilets) that have not been used for over 7 days or more, the first quantity of water flushed through may be contaminated. Once the water has been flushed through, the risk of any exposure is minimal. Therefore, tenants must avoid contact with spray outlets at the beginning of the flush.

The time recommended for each outlet is a minimum of 1 minute. The outlet should be flushed long enough to empty the pipe run.

### How to flush a shower?

1. Remove the shower head from the hose.
2. Empty any water from the shower head and rinse without producing a spray.
3. Place the hose at foot level and run through slowly for the first 10 seconds and then for approximately 1 minute.
4. Reassemble the flushed hose and showerhead.

### How to flush fixed showerheads?

Where the shower hose and head cannot be detached:

1. Place a bucket up to the showerhead to capture any spray and water **before** turning on the water supply.
2. Flush for up to 1 minute but long enough to empty the pipe run. This may involve emptying the bucket with only a small amount of water in it and continuing with flushing to ensure tenants do not strain their backs or arms holding a heavy bucket.

### How to flush a tap?

Run water from both hot and cold supplies or warm if on a single mixer tap, through tap(s) slowly for the first 10 seconds and then for approximately 1 minute, ensuring it has been run long enough to empty the pipe run.

## Toilets

Flush the toilet with the lid down.

**Note:** Before conducting this task, ensure that the de-scaler product you are using is safe for use by you and you are wearing the relevant PPE such as rubber gloves.

1. Dismantle the showerhead or spray tap and hose (if the hose is fitted).
2. Scrub each showerhead or spray tap.
3. Dissolve the chemical agent in water to the correct dilution.
4. Submerge the showerhead and hose or spray tap in the chemical agent solution for the time specified in the instructions.
5. On completion, drain and rinse each item in clean running water ensuring all traces of the chemical agent solution have been removed.
6. Reinstall the showerhead and hose or spray tap.