

STARTERS/SMALL COURSES

ANGEL BAKERY BREAD. ROASTED PUMPKIN DIP

Content: gluten - wheat flour, sesame seeds, vegetarian.

TOASTED ANGEL BAKERY FOCACCIA

Content: gluten - wheat flour, milk - cow's, vegetarian.

SPICED SWEET POTATO SOUP

Content: milk - cow's, sesame, celery, onion, vegetarian.

ANGEL SEAFOOD STARTER; CORNISH CRAB, MARIE-ROSE PRAWNS

SMOKED SALMON, AND TOASTED SOURDOUGH

Content: gluten - wheat flour, egg - raw, pasteurised, fish, shellfish, sulphur dioxide, non-meat.

ANGEL PRAWN COCKTAIL

Content: gluten - wheat flour, egg - raw, pasteurised, shellfish - prawns/shrimp, sulphur dioxide, non-meat.

BRADAN ROST HOT SMOKED SALMON,

POTATO SALAD, HORSERADISH

Content: egg - raw, pasteurised, fish, mustard, sulphur dioxide, non-meat.

TWICE-BAKED MATURE CHEDDAR SOUFFLE, TRUFFLE CREAM

Content: egg - cooked, milk - cheese, mustard, vegetarian.

OYSTERS

Content: oyster (mollusc), sesame paste (tahini), sulphur dioxide, vegetarian. (Depends on variant chosen, i.e. tahini.)

TAGLIATELLE WITH CEPS, GARLIC, CRÈME FRAICHE, PARSLEY

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, onion, vegetarian.

ARTICHOKE, LEMON AND SAGE RISOTTO; ROCKET SALAD

Content: milk - cheese, celery, sulphur dioxide, alcohol - cooked, residual, no sulphur dioxide, shallot, gluten-free, vegetarian.

PROSCIUTTO DI SAN DANIELE, FIGS, ROCKET AND HONEY BALSAMIC DRESSING

Content: sulphur dioxide, pork - cured/bacon, meat element.

BREADED GOUJONS OF PLAICE, THAI MAYO

Content: gluten - wheat flour, egg - raw, pasteurised, fish, sulphur dioxide, non-meat.

SMOKED SALMON, BROWN BREAD AND BUTTER

Content: gluten - wheat flour, fish, non-meat.

MUSSELS - THAI CURRY, OR MARINIÈRES, CHIPS

Content: milk - butter/cream, mussels (mollusc), sesame oil, sulphur dioxide, alcohol - cooked, residual, no sulphur dioxide, gluten-free, non-meat. (Cream and alcohol in marinières only.)

SEARED SCALLOPS; GRILLED IN THE SHELL, CHILLI AND GARLIC BUTTER

Content: milk - butter/cream, scallops (mollusc), gluten-free, non-meat.

SEARED SCALLOPS; GRILLED IN THE SHELL, ORIENTAL DRESSING

Content: milk - butter/cream, scallops (mollusc), gluten-free, non-meat.

DRESSED CRAB, TOASTED SOURDOUGH

Content: gluten - wheat flour, egg - raw, pasteurised, shellfish - crab, mustard, gluten-free, non-meat.

SNACK MENU

OLIVES

Content: mustard, vegan.

ALMONDS

Content: almonds, vegan.

SALT AND PEPPER SQUID

Content: gluten - wheat flour, egg - cooked, squid (mollusc), mustard, non-meat.

MEDITERRANEAN-STYLE TIGER PRAWNS

Content: shellfish - prawns/shrimp, gluten-free, non-meat.

DEEP-FRIED BREADED BRIE, CRANBERRY SAUCE

Content: gluten - wheat flour, milk - cheese, vegetarian.

HONEY AND MUSTARD COCKTAIL SAUSAGES

Content: gluten - wheat flour, mustard, pork - cured/bacon, meat element.

STICKY HOISIN BELLY PORK

Content: soy sauce (minor gluten source), sesame seeds, pork.

FESTIVAL OF FUNGI

CEP RISOTTO

Content: milk - cheese, sulphur dioxide, alcohol - cooked, residual, no sulphur dioxide, shallot, gluten-free, vegetarian.

TAGLIATELLE WITH CEPES, GARLIC, CRÈME FRAICHE, PARSLEY

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, onion, vegetarian.

PORCINI AND CHESTNUT MUSHROOM SOUP; PARMESAN FROTH

Content: milk - cheese, onion, gluten-free, vegetarian.

POACHED EGG AND CEPS ON TOAST, HOLLANDISE SAUCE

Content: gluten - wheat flour, egg - cooked, milk - cow's, sulphur dioxide, onion, vegetarian.

CEP AND PROSCIUTTO LASAGNE

Content: gluten - wheat flour, egg - cooked, milk - cheese, onion, vegetarian.

CREAMY TAGLIATELLE WITH WELSH BLACK TRUFFLE

Content: gluten - wheat flour, egg - cooked, milk - cheese, onion, vegetarian.

VEGETARIAN/VEGAN DISHES

CEP RISOTTO

Content: milk - cheese, sulphur dioxide, alcohol - cooked, residual, no sulphur dioxide, shallot, gluten-free, vegetarian.

TAGLIATELLE WITH CEPS, GARLIC, CRÈME FRAICHE, PARSLEY

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, onion, vegetarian.

ARTICHOKE, LEMON AND SAGE RISOTTO; ROCKET SALAD

Content: milk - cheese, celery, sulphur dioxide, alcohol - cooked, residual, no sulphur dioxide, shallot, gluten-free, vegetarian.

TAGLIATELLE WITH CEPS, GARLIC, CRÈME FRAICHE, PARSLEY

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, onion, vegetarian.

TENDER PLANT-BASED THICK CUT FILLET STEAK, BEER-BATTERED ONION RINGS, CHIPS AND OATLY GREEN PEPPERCORN SAUCE

Content: gluten, sulphur dioxide, onion, vegetarian.

CAULIFLOWER, CHICKPEA AND SPINACH PANANG CURRY, COCONUT RICE, SHREDDED CARROT SAMBAL

Content: gluten - wheat flour, egg - cooked, coconut, sesame seeds, onion, gluten-free, vegan.

SPICED BLACK AND KIDNEY BEAN BURGER IN A SEEDED BUN, ONION, TOMATO, DILL PICKLE, GEM LETTUCE; TAHINI SAUCE, CHIPS

Content: gluten - wheat flour, sesame paste (tahini), onion, vegan.

FALAFEL BURGER IN A SEEDED ANGEL BAKERY BUN, ONION, TOMATO, LETTUCE, VEGAN TATZIKI AND VEGAN SPICY MAYO, CHIPS

Content: gluten - wheat flour, sesame paste (tahini), soya, onion, vegan.

SALADS

ANGEL SUPERFOOD SALAD; EDAMAME BEANS, PEAS, BROCCOLI, CHICK PEAS, HISPI CABBAGE, RED PEPPER, RADISH, GOLDEN BEETROOT, BEANS, WATERCRESS, AVOCADO, PUMPKIN SEEDS, SESAME SEEDS AND GREEN GODDESS DRESSING

Content: milk - cow's, sesame seeds, sulphur dioxide, gluten-free, vegan.

CÆSAR SALAD; ICEBERG AND GEM LETTUCE LEAVES, ANCHOVIES, HERB CROUTONS, PARMESAN, GARLIC AND LEMON MAYONNAISE DRESSING

Content: gluten - wheat flour, egg - cooked, milk - cheese, fish, mustard, sulphur dioxide, non-meat. (Can be vegetarian ex. anchovy.)

LARGE DISH WITH CRISPY FRIED TOFU

Content: gluten - wheat flour, gluten-free, vegetarian.

LARGE DISH WITH GRILLED CHICKEN

Content: gluten-free.

LARGE DISH WITH SEARED TUNA

Content: fish, gluten-free, non-meat.

LARGE DISH WITH TIGER PRAWNS

Content: shellfish - prawns/shrimp, gluten-free, non-meat.

SEAFOOD

HALF OR WHOLE LOBSTER GRILLED WITH GARLIC BUTTER, CHIPS

Content: milk - butter/cream, shellfish - lobster, onion, gluten-free, non-meat.

CHRISTMAS CRUSTACEAN CELEBRATION; LOBSTER (HALF), SCALLOPS (2) AND SHRIMP (3), CHIPS

Content: milk - butter/cream, shellfish, scallops (mollusc), onion, gluten-free, non-meat.

MUSSELS - THAI CURRY, OR MARINIÈRES, CHIPS

Content: milk - butter/cream, sesame oil, sulphur dioxide, alcohol - cooked, residual, no sulphur dioxide, garlic, non-meat. (No alcohol/dairy in Thai version, but that has sesame.)

KING PRAWN, CHILLI AND GARLIC SPAGHETTI

Content: milk - butter/cream, shellfish - prawns/shrimp, garlic, non-meat.

SEARED SCALLOPS; GRILLED IN THE SHELL, CHILLI AND GARLIC BUTTER

Content: milk - butter/cream, scallops (mollusc), garlic, non-meat.

SEARED SCALLOPS; GRILLED IN THE SHELL, ORIENTAL DRESSING

Content: scallops (mollusc), sulphur dioxide, garlic, non-meat.

DEEP-FRIED BEER-BATTERED HADDOCK, MINTED PEA PURÉE, TARTAR SAUCE, CHIPS

Content: gluten - wheat flour, egg - cooked, fish, mustard, sulphur dioxide, gluten-free, non-meat.

MONKFISH SCAMPI, GOAN SPICED MAYONNAISE, CHIPS

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, fish, mustard, sulphur dioxide, leek, non-meat.

HAKE LOIN, MUSSEL AND COCKLE BOURRIDE, LEEKS AND POTATO
Content: egg - cooked, milk - butter/cream, fish, mussels (mollusc), celery, sulphur dioxide, gluten-free, non-meat.

SEAFOOD PLATTER

SMOKED SALMON, MUSSELS (THAI GREEN CURRY OR MARINIÈRES), WHOLE GARLIC PRAWNS, WHITE CRAB MEAT, BROWN CRAB TOASTS, TEMPURA FRIED OYSTERS, CHILLI GARLIC SCALLOPS, FRITTO MISTO, PRAWN COCKTAIL, TUNA AND AVOCADO TARTARE, PLAICE GOUJONS, SRIRACHA MAYONNAISE, OCTOPUS CARPACCIO, JALAPEÑO DRESSING, THAI MAYONNAISE, ANGEL BAKERY BREAD

Content: gluten - wheat flour, egg, milk - cow's, fish, shellfish, mixed molluscs, soy sauce (minor gluten source), sesame seeds, mustard, celery, sulphur dioxide, garlic, non-meat.

MEAT & COMBO DISHES

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, celery, sulphur dioxide, pork - cured/bacon, onion, meat element.

ROAST BREAST OF USK VALE TURKEY, ANNA POTATO, CHANTENAY CARROTS AND CREAMED LEEKS, PIGS IN BLANKETS, CRANBERRY AND CHESTNUT STUFFING AND GRAVY

Content: gluten - wheat flour, egg - cooked, milk - cow's, celery, sulphur dioxide, pork - cured/bacon, shallot, meat element.

FETTUCINI WITH WILD BOAR RAGÙ, CRACKLING AND PARMESAN

Content: gluten - wheat flour, egg - cooked, milk - cheese, celery, sulphur dioxide, garlic, meat element.

TOM HIXSON BEEFBURGER, SEEDED BUN; ONION, TOMATO, DILL PICKLE, BACON, MONTEREY JACK CHEESE, BURGER SAUCE AND CHIPS

Content: gluten - wheat flour, milk - cheese, pork - cured/bacon, onion.

DRY-AGED WELSH BONE IN SIRLOIN, OYSTER MUSHROOM,
MADIERA JUS; CHIPS

Content: celery, sulphur dioxide, alcohol - cooked, residual, no sulphur dioxide, beef, onion, gluten-free.

DRY-AGED WELSH BEEF RIBEYE ON THE BONE 450G; CHIPS, ONION RINGS

Content: gluten - wheat flour, egg - cooked, beef, onion, gluten-free.

DRY-AGED WELSH PRIME-CUT BEEF FILLET 225G, CHAR-GRILLED;
CHIPS, DEEP-FRIED ONION RINGS

Content: gluten - wheat flour, egg - cooked, beef, onion, gluten-free.

BÉARNAISE SAUCE

Content: milk - butter/cream, celery, sulphur dioxide.

PEPPERCORN SAUCE

Content: milk - butter/cream, celery, sulphur dioxide.

RED WINE JUS

Content: sulphur dioxide, alcohol - cooked, residual, no sulphur dioxide.

SIDE ORDERS

CHIPS

Content: gluten-free, vegan.

TRUFFLE AND PARMESAN FRIES

Content: milk - cheese, gluten-free, vegetarian.

TENDERSTEM BROCCOLI

Content: gluten-free, vegetarian.

ROCKET AND PARMESAN-STYLE HARD CHEESE

Content: milk - cheese, sulphur dioxide, gluten-free, vegetarian.

BRUSSEL SPROUTS, CHESTNUTS AND BACON

Content: chestnuts, pork - cured/bacon, gluten-free.

CHANTENAY CARROTS

Content: gluten-free, vegetarian.

MINTED RATTE POTATOES

Content: milk - butter/cream, gluten-free, vegetarian.

OYSTER MUSHROOMS, GARLIC BUTTER

Content: milk - butter/cream, gluten-free, vegetarian.

CHILDREN'S MENU

CHICKEN STRIPS, CHIPS, SEASONAL VEGETABLES

BEER-BATTERED HADDOCK AND CHIPS, CRUSHED PEAS

Content: gluten - wheat flour, egg - cooked, alcohol - cooked, residual, no sulphur dioxide, non-meat.

HOME-MADE PASTA WITH TOMATO SAUCE AND PARMESAN

Content: gluten - wheat flour, egg - cooked, milk - cheese, vegetarian.

SAUSAGE, MASH, GRAVY

Content: gluten - wheat flour, milk - butter/cream, onion.

ADD CRUDITÉS WITH DIP OR GUACAMOLE

Content: celery, onion, vegetarian.

PUDDING AND CHEESE

ICE CREAMS

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, vegetarian.

SORBETS

Content: alcohol, vegetarian.

WINTER BERRY AQUA FABA PAVLOVA; OAT CREAM, CASSIS

SORBET

Content: alcohol, vegan.

APPLE TARTE TATIN, VANILLA ICE CREAM

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, vegetarian.

VANILLA CRÈME BRÛLÉE

Content: egg - cooked, milk - butter/cream, vegetarian.

ANGEL FIGGY PUDDING, COGNAC SAUCE

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, tree nuts, sulphur dioxide - dried fruit, alcohol - cooked, residual, no sulphur dioxide, vegetarian.

CHOCOLATE ORANGE TORTE, CLEMENTINE SORBET

Content: gluten - wheat flour, vegetarian.

CAFÉ GOURMAND

Content: gluten - wheat flour, egg - cooked, milk - cow's, vegetarian.

PETITS FOURS

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, almonds, sulphur dioxide - dried fruit, alcohol, vegetarian.

MINCE PIES, BRANDY BUTTER

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, tree nuts, sulphur dioxide - dried fruit, alcohol, vegetarian.

TRUFFLED BARON BIGOD, OAT BISCUITS, APPLE AND BLACKBERRY CHUTNEY

Content: milk - cheese, vegetarian.

SANDWICHES, WRAPS, EGGS

HAND-PICKED CORNISH CRAB, LEMON MAYO

Content: gluten - wheat flour, egg - raw, pasteurised, shellfish - crab, mustard, sulphur dioxide, onion, non-meat. (Note, GF bread contains egg.)

FISH FINGER, GEM LETTUCE, PEA SHOOTS, TARTARE SAUCE, KETCHUP ON TOASTED BLOOMER

Content: gluten - wheat flour, egg - raw, pasteurised, fish, mustard, onion, non-meat. (Note, GF bread contains egg.)

ANGEL CORONATION CHICKEN AND LITTLE GEM

Content: gluten - wheat flour, egg - raw, pasteurised, mustard, celery, sulphur dioxide, onion, (Note, GF bread contains egg.)

HOME-COOKED HAM AND PICCALILLI

Content: gluten - wheat flour, milk - butter/cream, mustard, sulphur dioxide, pork - cured/bacon, onion, (Note, GF bread contains egg.)

MATURE CHEDDAR CHEESE, ONION JAM AND ROCKET

Content: gluten - wheat flour, milk - butter/cream, sulphur dioxide, onion, vegetarian. (Also, can be made with vegan 'Cheddar'. Note, GF bread contains egg.)

SMOKED SALMON, PRAWNS, AVOCADO, RED ONION, WATERCRESS, COCKTAIL SAUCE

Content: gluten - wheat flour, egg - raw, pasteurised, milk - butter/cream, smoked fish, mustard, sulphur dioxide, onion, non-meat. (Note, GF bread contains egg.)

JERK-SPICED TIGER PRAWN, AVOCADO, ISLE OF WHITE TOMATO AND GREEN GODDESS TACOS

Content: gluten - wheat flour, egg - raw, pasteurised, milk - butter/cream, shellfish - prawns/shrimp, mustard, celery, sulphur dioxide, non-meat. (Note, GF bread contains egg.)

EGGS ROYALE

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, sulphur dioxide, vegetarian. (Note, GF bread contains egg.)

EGGS BENEDICT

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, sulphur dioxide, vegetarian. (Note, GF bread contains egg.)

EGGS FLORENTINE

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, sulphur dioxide, vegetarian. (Note, GF bread contains egg.)

BREAKFAST ITEMS

PORRIDGE

Content: gluten - barley/oat/spelt, milk - cow's, vegetarian.

HOME-MADE GRANOLA

Content: gluten - barley/oat/spelt, tree nuts, sesame seeds, sulphur dioxide - dried fruit, vegetarian.

SUMMER BERRY AND ELDERFLOWER COMPOTE

Content: vegetarian.

BERRY BEAUTY SMOOTHIE

Content: gluten, milk - cow's, vegetarian.

THE HULK SMOOTHIE

Content: sulphur dioxide, vegetarian.

PORK SAUSAGE

Content: gluten - wheat flour, pork - cured/bacon.

BACK BACON

Content: pork - cured/bacon.

BAKED BEANS

Content: sulphur dioxide.

BLACK PUDDING

Content: gluten - wheat flour, vegetarian.

MUSHROOMS

Content: vegetarian.

TOMATOES

Content: vegetarian.

FRIED BREAD

Content: gluten - wheat flour, vegetarian.

FRENCH TOAST WITH STREAKY BACON AND MAPLE SYRUP

Content: egg - cooked, pork - cured/bacon.

VEGETARIAN BREAKFAST

Content: gluten - wheat flour, egg - cooked, soy - miso, sulphur dioxide, vegetarian.

VEGAN BREAKFAST

Content: gluten - wheat flour, sulphur dioxide, vegan.

SMOKED HADDOCK, POACHED EGG, SPINACH

Content: egg - cooked, smoked fish, non-meat.

SCRAMBLED EGG AND SMOKED SALMON

Content: egg - cooked, milk - butter/cream, fish, non-meat.

EGGS ROYALE

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, fish, vegetarian.

EGGS BENEDICT

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, vegetarian.

EGGS FLORENTINE

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, vegetarian.

FESTIVE AFTERNOON TEA

WELSH CAKES

WELSH CAKES

Content: gluten - wheat flour, egg - cooked, milk - cow's, vegetarian.

BRIGID'S FRUIT CAKE

Content: gluten - wheat flour, egg - cooked, milk - cow's, vegetarian.

PARKIN

Content: gluten - wheat flour, egg - cooked, milk - cow's, vegetarian.

FREE-RANGE EGG MAYONNAISE AND CRESS SANDWICH

Content: gluten - wheat flour, egg - raw, pasteurised, mustard, vegetarian.

HONEY-ROAST HAM, TOMATO AND MUSTARD MAYONNAISE SANDWICH

Content: gluten - wheat flour, egg - raw, pasteurised, mustard, meat element.

CREAM CHEESE AND CUCUMBER, LEMON

Content: gluten - wheat flour, milk - cheese, vegetarian.

ROAST USK VALE TURKEY, STUFFING AND CRANBERRY SANDWICH

Content: gluten - wheat flour, egg, meat element. (Can be with gluten-free bread (contains milk).)

HONEY AND MUSTARD COCKTAIL SAUSAGE

Content: gluten - wheat flour, mustard, pork, meat element.

CRISPY HOISIN DUCK, CUCUMBER

Content: gluten - wheat flour, soy sauce (minor gluten source), sulphur dioxide, vegetarian.

BUTTERNUT SQUASH, BRIE AND CRANBERRY TART

Content: gluten - wheat flour, milk - cheese, vegetarian.

SMOKED SALMON POTATO CAKE

Content: egg - cooked, smoked fish, mustard, onion, non-meat.

MUSHROOM, LEEK AND CHESTNUT ROLL

Content: gluten - wheat flour, chestnuts, mustard, leek, vegetarian.

CUSTARD SLICE

Content: gluten - wheat flour, egg - cooked, vegetarian.

COFFEE PROFITEROLE

Content: gluten - wheat flour, egg - cooked, milk - cow's, vegetarian.

ANGEL CHRISTMAS CAKE

Content: gluten - wheat flour, egg - cooked, milk - cow's, tree nuts, sulphur dioxide - dried fruit, alcohol - cooked, residual, no sulphur dioxide, vegetarian.

MULLED WINE AND MASCARPONE LOAF

Content: gluten - wheat flour, egg - cooked, milk - cheese, sulphur dioxide - dried fruit, alcohol - cooked, residual, no sulphur dioxide, vegetarian.

MINT CHOCOLATE MERINGUE

Content: egg - cooked, milk - cow's, sulphur dioxide, vegetarian.

SALTED CARAMEL CHOCOLATE ROULADE

Content: gluten - wheat flour, egg - cooked, milk - cow's, vegetarian.

LEMON AND PASSION FRUIT CHEESECAKE

Content: gluten - wheat flour, egg - cooked, milk - cheese, vegetarian.

CRANBERRY AND ORANGE DRIZZLE CAKE

Content: gluten - wheat flour, egg - cooked, milk - cow's, vegetarian.

MONTE BIANCO

Content: gluten - wheat flour, egg - cooked, milk - cow's, sulphur dioxide, vegetarian.

MINCE PIE WITH BRANDY BUTTER

Content: gluten - wheat flour, milk - butter/cream, tree nuts, alcohol, vegetarian.

SHERRY TRIFLE

Content: gluten - wheat flour, milk - butter/cream, alcohol, vegetarian.

WARM SCONE WITH STRAWBERRY JAM AND A CHOICE OF CLOTTED CREAM, WHIPPED CREAM OR BUTTER

Content: gluten - wheat flour, egg - cooked, milk - butter/cream, vegetarian.