

BREAKFAST BUFFET

'Rate of Rise' locally roasted coffee

Selection of teas

Apple and Orange juice

Fresh fruits

(strawberries, blueberries, melon, pineapple, apples,
bananas, satsumas)

Selection of cereals

(Kellogg's Cornflakes, Special K, Rice Crispies, Wheatabix, Alpen)

Home-made granola

Llaeth y Llan yogurts

Cheeses (emmental and cream cheese)

Cured meats (salami and prosciutto)

Home-cooked ham

Black Mountain smoked salmon

Avocado

Angel Bakery Croissants

Sourdough

White bloomer bread

Wholemeal bloomer bread

Crumpets



BREAKFAST MENU