

BREAKFAST BUFFET

'Rate of Rise' locally roasted coffee

Selection of teas

Apple and Orange juice

Fresh fruits

*(strawberries, blueberries, melon, pineapple, apples,
bananas, satsumas)*

Selection of cereals

(Kellogg's Cornflakes, Special K, Rice Krispies, Wheatabix, Alpen)

Home-made granola

Llaeth y Llan yogurts

Cheeses (emmental and cream cheese)

Cured meats (salami and prosciutto)

Home-cooked ham

Black Mountain smoked salmon

Avocado

Angel Bakery Croissants

Sourdough

White bloomer bread

Wholemeal bloomer bread

Crumpets



BREAKFAST MENU