

The Guardsman Breakfast

Choice from the light breakfast menu, an a la carte dish, toast, freshly squeezed juice and tea or coffee
28.50

Traditional breakfast: bacon and sausage, baked beans, Portobello mushrooms, eggs cooked to your preference, tomatoes, herbed new potatoes **17.95**

Eggs Benedict, Florentine, Royale served on a toasted English muffin **14.50**

Omelette with your choice of fillings **11.50**

Severn & Wye smoked salmon, scrambled eggs, with your choice of toast **15.50**

French toast, smoked streaky bacon, Maple syrup **12.50**

The Guardsman plant based breakfast: scrambled tofu, herbed new potatoes, baked beans, sautéed spinach, Portobello mushrooms, tomatoes *VG* **15.95**

Smashed avocado on grilled sourdough with chilli and poached eggs *V/VG* **13.50**

Eggs on toast **9.50**

Canadian pancakes *GF* **13.50**

Greek Yoghurt, fresh berries or smoked streaky bacon, maple syrup

Boiled eggs and Guardsmen **9.50**

Sides

Toast with preserves, Cumberland pork sausage, smoked streaky bacon, herbed new potatoes, sautéed spinach, baked beans, Portobello mushrooms, black pudding
4.50

Continental Breakfast

Light breakfast choice, toast, freshly squeezed juice & tea or coffee
21.50

Light Breakfast

Organic porridge with choice of toppings. Seasonal berries, banana, honey or Maple syrup *V* **7.50**

Cereals **4.50**

Bowl of mixed berries **6.50**

Bircher muesli **6.50**

Banana bread **6.50**

Granola and fruit pot **6.50**

Yogurt **6.50**

Pastries **5.25**

Drinks & Juices

Freshly squeezed orange or grapefruit juice **6.00**

Apple, tomato, cranberry, pineapple **5.50**

English breakfast tea **4.50**

Earl Grey tea **4.50**

Green tea **4.50**

Darjeeling **4.50**

Café Latte **4.75**

Cappuccino **4.75**

Flat white **4.75**

Americano **4.75**

Espresso **4.50**

