DISHES AND THEIR ALLERGEN CONTENT: Guardsman Children Menu May 2021

| DISHES |  |  |  | nin | $\underbrace{\frac{110}{0}}$ |  |  |  |  |  | Oso |  |  | P |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Soup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken nuggets, peas \& French fries |  | Wheat |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Fish goujons, mashed potatoes, peas |  | Wheat |  | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |
| Bangers \& mash |  | Wheat |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Guardsman burger, sweet potato fries | $\checkmark$ | Wheat |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |
| Spaghetti in tomato sauce |  | Wheat |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Fresh fruit, strawberry sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES | 5 |  |  | $\sqrt[n]{\infty}$ |  |  |  |  |  |  | Opo |  | $\int_{0}^{88}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Selection of ice-cream \& sorbet |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Banana bread |  | Wheat |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Ice-cream sundae, chocolate sauce, sprinkles |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |

