



GAIA SPA  
at BORINGDON HALL



# MENU



## Drinks

### Hot Drinks

Espresso	£2.80
Americano	£3.80
Cappuccino	£4.30
Latte	£4.30
Iced Latte	£4.30
Flat White	£4.30
Hot Chocolate	£4.30
Jing™ Tea (2 cup/ 4 cup)	£4.50 / £9.00
Jing™ Matcha Latte	£4.50
Jing™ Matcha Ceremonial Grade Tea	£8.00

### Soft Drinks

Selection of juices	£3.50
Selection of smoothies	£4.00
Selection of Luscombe drinks (270ml)	£4.50
Coca Cola bottle (330ml)	£3.80
Diet Coca Cola bottle (330ml)	£3.40
Fever-Tree Mixers (200ml)	£3.00

## Champagne

	125ml	Bottle
Laurent-Perrier La Cuvée Brut (Ve)	£21.00	£120.00
Laurent-Perrier Cuvée Rosé (Ve)	£25.50	£150.00
Prosecco Spumante Divici (V)	£9.00	£45.00

## Wines

	175ml	Carafe	Bottle
--	-------	--------	--------

### White

Picpoul de Pinet, Jean-Luc Colombo, <i>Languedoc-Roussillon, France</i>	£11.50	£23.00	£44.00
Gavi, La Lancellota, <i>Piedmont, Italy</i>	£12.00	£23.50	£45.00
Sauvignon Blanc, Orchard Lane, <i>New Zealand</i>	£13.50	£26.00	£50.00

### Rosé

Rosé d'Anjou, Domaine des Nouelles, <i>Loire Valley, France (VG)</i>	£11.50	£21.50	£41.00
Whispering Angel, <i>Provence, France</i>	£19.50	£40.00	£77.00

### Red

Primitivo/Negroamaro, Gran Rosso, <i>Puglia, Italy</i>	£10.50	£19.50	£37.00
Malbec, Trueno, <i>Mendoza, Argentina (Ve)</i>	£13.00	£25.50	£49.00

## Low Alcohol

	125ml	Bottle
Wildlife Botanicals (0.5% ABV)	£8.00	£40.00
Corona bottle (330ml, 0.0% ABV)		£4.20
Jing™ Jasmine Pearls Sparkling Tea	£9.00	

## Beer & Cider

Budweiser bottle (330ml, 4.5%ABV)	£5.10
Corona bottle (330ml, 4.5% ABV)	£5.20
Cornish Cider bottle (500ml, 4.5% ABV)	£7.00
Flavoured Cider bottle (500ml, 4.0% ABV)	£6.40

## Gin

	25ml
Boringdon Gin (40.0% ABV)	£5.00
Plymouth Gin (41.2% ABV)	£5.00
Tarquin's (42.0% ABV)	£5.40
Tarquin's Flavoured (38.0% ABV)	£5.60





## Cocktails

Edmunds Passion Fruit Martini <i>Sapling Vodka, Passoa, Vanilla Syrup, Passionfruit Puree, Lime Juice</i>	£12.00
Edmunds Strawberry Daiquiri <i>Suffolk Distillery White Rum, Strawberry liqueur, Lime Juice, Sugar Syrup Strawberry Puree</i>	£12.00
Edmunds Chambord Bramble <i>Chambord, Adnams Copper House Gin, Lemon Juice, Sugar Syrup</i>	£12.00
Edmunds Lychee Martini <i>Sapling Vodka, Lychee Liqueur, Lychee Puree, Sugar Syrup</i>	£12.00
Edmunds Espresso Martini <i>Sapling Vodka, Fair Café Liqueur, Cold Brew Espresso, Vanilla Syrup, Sugar syrup</i>	£12.00
Edmunds Mojito <i>Suffolk Distillery Rum, Soda, Mint and Lime</i>	£12.00
Edmunds Kumquat Margarita <i>El Rayo Tequila, FAIR Kumquat Liqueur, Agave Nectar and Fresh Lime Juice.</i>	£12.00
Edmunds Elderflower Collins <i>Adnams Copper House Gin, Elderflower Liqueur, Soda</i>	£12.00
Edmunds Cosmopolitan <i>Absolut Citron Vodka, Cointreau, Cranberry and Lime</i>	£12.00
Aperol Spritz <i>Aperol Liqueur, Prosecco, Soda</i>	£14.50

## Non-alcoholic cocktails

Savills Mojito <i>Crisp Mint, Lime &amp; Light Rum</i>	£8.00
Savills Paloma <i>Zesty Grapefruit &amp; Tequila</i>	£8.00

# JING™ TEA

---

JING™ single origin teas express the unique character of the people, place and nature that work in harmony to create them. Explore a world of distinctive flavours, diverse cultures, master craftsmanship and incredible taste.

## Black Tea

JING™ Tea's single origin black teas are made from whole leaf loose tea, with each terroir offering a unique richness and intensity of flavour. With strength and structure, black teas taste rich and often malty.

---

### Assam Breakfast

*Assam, India*

Statuesque and full-bodied Assam tea, with plenty of structure and malty richness. A rousing breakfast tea, perfect with or without milk.

### Decaffeinated Ceylon

*Ruhuna, Sri Lanka*

A rich and supremely smooth Ceylon breakfast tea, without the caffeine. Perfect to set your day to a great start.

### Organic Darjeeling 2nd Flush

*Darjeeling, India*

With grape sweetness, notes of toasted hay and hops and hints of muscatel, this tea encapsulates the unmistakable character of Darjeeling. A light, highly fragrant and uplifting black tea, perfect for afternoon drinking.

### Earl Grey

*Assam, India*

An invigorating black tea lifted by fresh and exuberant citrus. For supreme texture and flavour, a touch of natural bergamot extract tempers the tea's inherent richness.

### Chai

*Assam, India*

A highly aromatic combination of rich and malty Assam black tea from India with cinnamon, cardamom and ginger spices.



# JING™ TEA

---

## Herbal Infusions

JING™ herbal infusions are comprised of the highest quality, freshly picked and dried whole herbs, flowers and fruits and are naturally caffeine-free.

---

### Rooibos

*Cederberg, South Africa*

Gently tangy notes of Seville orange combine with soft-textured hints of vanilla.

### Organic Whole Rosebuds

*Tinghir, Morocco*

You'll find a clean, refreshing and soft infusion, with a leafy vegetal note from the sepal which cuts through the fragrance and adds a gentle complexity.

### Whole Chamomile Flowers

*Slavonia, Croatia*

A calming infusion with mellow, straw-like complexities and floral notes. Perfect to unwind with after a busy day.

### Whole Peppermint Leaves

*Bavaria, Germany*

Intensely refreshing and cleansing peppermint leaf with an invigorating, cooling finish.

### Blackcurrant & Hibiscus

*Hungary & Nigeria*

A quenching vivaciously balanced blend of juicy blackcurrants with dried roselle hibiscus.

### Lemongrass & Ginger

*Thailand & Nigeria*

A bracing and zesty herbal infusion, with intensely fresh lemongrass and satisfying, warming ginger.

## Green Tea

JING™ Tea's single origin green teas are crafted by masters in China and Japan, with generations of knowledge in producing the very best leaves. Green teas taste vegetal and fresh, with a natural spring-sweetness and a satisfying, silky texture.

---

### Organic Jade Sword™

*Jingshan Garden, Zhejiang, China*

Bursting with sweet spring flavour, and succulent fresh taste. A refreshing infusion with pleasant, sappy top notes and characterful umami depth.

### Dragon Well (Supplement £2)

*Yong'an Garden, Hangzhou, China*

Masterfully pan-fired, the leaves are shaped into beautiful spears and elicit the sweet, lightly roasted chestnut flavour and complexity for which this tea has become famous for.

### Jasmine Pearls (Supplement £2)

*Yunnan, China*

Young tea buds are spring-picked in Yunnan and hand-rolled into pearls of green tea, then scented the traditional way for five consecutive nights, with freshly picked jasmine flowers.

### Organic Matcha Ceremonial Grade £8

*Kirishima Chuou Garden, Kagoshima, Japan*

Traditionally stone-ground, this expresses the vivid taste of the single Okumidori cultivar, with exceptional character, floral notes and deep, vegetal umami flavours.

### Matcha Latte

*Kagoshima, Japan*

A beautiful blend of Matcha cultivars – Yabukita / Okumidori. Together, they soften luxuriously with milk for an uplifting yet comforting infusion that is smooth, rich and yet still bursts with fresh flavour and clarity – the perfect balance and expression of Matcha.



## Snacks

Marinated Olives (VG) (NGCI) (DF)	£6.00
Selection of Nuts	£5.00
Pretzels	£4.00
Made for Drink: English Heritage Potato Crisps <i>English Truffle - Dorset Sea Salt - Malt Vinegar &amp; Sea Salt</i>	£2.80
Cream tea ( <i>one scone</i> )	£7.00
Cream tea ( <i>two scones</i> )	£11.50
One cake from afternoon tea selection of cakes	£5.00
Afternoon tea <i>savoury</i> plate	£15.00
Afternoon tea <i>sweet</i> plate	£13.00

(V) - Vegetarian, (V\*) - Vegetarian Option Available, (VG) - Vegan, (VG\*) - Vegan Option Available, (NGCI) - Non Gluten Containing Ingredient, (NGCI\*) - Non Gluten Containing Ingredient Option Available, (DF) - Dairy Free, (DF\*) - Dairy Free Option Available

## Order via our app

To order drinks direct to your sun lounger or table, please download our app to order and pay via your mobile.



Please refrain from reserving loungers and ensure mobile phones are on silent. A discretionary 10% service charge will be applied to your bill.

[www.gaiaboringdon.co.uk](http://www.gaiaboringdon.co.uk) | [@gaiaboringdon](https://twitter.com/gaiaboringdon) | [#gaiaboringdon](https://www.instagram.com/gaiaboringdon)