



GAIA SPA
at BORINGDON HALL



MENU





Drinks

Hot Drinks

Espresso	£2.50
Americano	£3.50
Cappuccino	£4.00
Latte	£4.00
Iced Latte	£4.00
Flat White	£4.00
Hot Chocolate	£4.00
Jing™ Tea (2 cup/ 4 cup)	£4.70 / £9.00
Jing™ Matcha Tea	£4.50
Jing™ Matcha Latte	£4.50

Soft Drinks

Selection of juices	£3.00
Selection of smoothies	£3.50
Selection of Luscombe drinks	£3.50
Coca Cola bottle (330ml)	£3.40
Diet Coca Cola bottle (330ml)	£3.20

Champagne

	125ml	Bottle
Laurent-Perrier La Cuvée Brut (Ve)	£20.00	£100.00
Laurent-Perrier Cuvée Rosé (Ve)	£23.50	£150.00
Prosecco Spumante Divici (V)	£9.00	£40.00

Wines

	175ml	Carafe	Bottle
--	-------	--------	--------

White

Picpoul de Pinet, Jean-Luc Colombo, <i>Languedoc-Roussillon, France</i>	£11.50	£21.50	£41.00
Gavi, La Lancellota, <i>Piedmont, Italy</i>	£12.00	£22.50	£42.00
Sauvignon Blanc, Orchard Lane, <i>New Zealand</i>	£12.50	£23.50	£45.00

Rosé

Cinsault/Syrah, Laurent Miquel, <i>Languedoc-Roussillon, France</i>	£11.50	£21.50	£41.00
Whispering Angel, <i>Provence, France</i>	£19.50	£40.50	£69.00

Red

Primitivo/Negroamaro, Gran Rosso, <i>Puglia, Italy</i>	£10.50	£19.50	£37.00
Malbec, Trueno, <i>Mendoza, Argentina (Ve)</i>	£12.50	£23.50	£45.00

Low Alcohol

	125ml	Bottle
Wildlife Botanicals Nude (0.5%)	£8.00	£34.00
Corona (0%)		£4.00
Jing™ Jasmine Pearls Sparkling Tea	£6.00	

Beer & Cider

Budweiser	£5.00
Corona	£5.00
Cornish Cider	£5.70

Gin

Served with tonic, slimline tonic or lemonade

Tarquin's Cornish Dry Gin	£8.40
Tarquin's Rhubarb and Raspberry/Blood Orange/Blackberry	£8.40
Plymouth Gin	£8.00
Boringdon Gin	£8.00





Cocktails

Edmunds Passion Fruit Martini <i>Sapling Vodka, Passoa, Vanilla Syrup, Passionfruit Puree, Lime Juice</i>	£12.00
Edmunds Strawberry Daiquiri <i>Suffolk Distillery White Rum, Strawberry liqueur, Lime Juice, Sugar Syrup Strawberry Puree</i>	£12.00
Edmunds Chambord Bramble <i>Chambord, Adnams Copper House Gin, Lemon Juice, Sugar Syrup</i>	£12.00
Edmunds Lychee Martini <i>Sapling Vodka, Lychee Liqueur, Lychee Puree, Sugar Syrup</i>	£12.00
Edmunds Espresso Martini <i>Sapling Vodka, Fair Café Liqueur, Cold Brew Espresso, Vanilla Syrup, Sugar syrup</i>	£12.00
Edmunds Mojito <i>Suffolk Distillery Rum, Soda, Mint and Lime</i>	£12.00
Edmunds Kumquat Margarita <i>El Rayo Tequila, FAIR Kumquat Liqueur, Agave Nectar and Fresh Lime Juice.</i>	£12.00
Edmunds Elderflower Collins <i>Adnams Copper House Gin, Elderflower Liqueur, Soda</i>	£12.00
Edmunds Cosmopolitan <i>Absolut Citron Vodka, Cointreau, Cranberry and Lime</i>	£12.00
Aperol Spritz <i>Aperol Liqueur, Prosecco, Soda</i>	£14.00

Non-alcoholic cocktails

Savills Mojito <i>Crisp Mint, Lime & Light Rum</i>	£8.00
Savills Paloma <i>Zesty Grapefruit & Tequila</i>	£8.00

JING™ TEA

JING™ single origin teas express the unique character of the people, place and nature that work in harmony to create them. Explore a world of distinctive flavours, diverse cultures, master craftsmanship and incredible taste.

Black Tea

JING™ Tea's single origin black teas are made from whole leaf loose tea, with each terroir offering a unique richness and intensity of flavour. With strength and structure, black teas taste rich and often malty.

Assam Breakfast, *Assam, India*

The ultimate breakfast tea, expertly blended from Assam's finest tea gardens - strong and bursting with flavour.

Decaffeinated Ceylon, *Ruhuna, Sri Lanka*

A rich and supremely smooth Ceylon breakfast tea, without the caffeine. Perfect to set your day to a great start.

Organic Darjeeling 1st Flush, *Darjeeling, India*

A supreme, organic grade of loose-leaf Darjeeling First Flush from Badamtam Tea Garden, India. Superbly fragrant with a clear expression of the unique Darjeeling terroir.

Earl Grey, *Ruhuna, Sri Lanka*

An invigorating Ceylon tea from Ruhuna, Sri Lanka, lifted by fresh and exuberant bergamot.

CHAI, *Assam, India*

A highly aromatic combination of rich and malty Assam black tea from India with cinnamon, cardamom, and ginger spices.



JING™ TEA

Herbal Infusions

Our herbal infusions are comprised of the highest quality, freshly picked and dried whole herbs, flowers and fruits and are naturally caffeine-free.

Rooibos,
Cederberg, South Africa

A tangy and mellow South African rooibos tea, with natural sweetness and subtle richness of Seville oranges.

Organic Whole Rosebuds,
Iran

Our rose tea is composed of beautifully whole pink rosebuds, for a clean, fragrant, and leafy infusion.

Whole Chamomile Flowers,
Slavonia, Croatia

A soothing chamomile tea, composed of only natural, whole flowers for a clean and fresh infusion with a definitive chamomile taste.

Whole Peppermint Leaves,
Bavaria, Germany

Intensely refreshing and cleansing peppermint leaf with an invigorating, cooling finish.

Blackcurrant & Hibiscus,
Hungary & Nigeria

A quenching vivaciously balanced blend of juicy blackcurrants with dried roselle hibiscus.

Lemongrass & Ginger,
Thailand & Nigeria

A bracing and zesty herbal infusion, with intensely fresh lemongrass and satisfying, warming ginger.

Green Tea

JING™ Tea's single origin green teas are crafted by masters in China and Japan, with generations of knowledge in producing the very best leaves. Green teas taste vegetal and fresh, with a natural spring-sweetness and a satisfying, silky texture.

Organic Jade Sword™,
Baotian Garden, Hunan, China

A single-garden green tea bursting with sweet spring flavour - a wonderful introduction to Chinese green teas.

Dragon Well,
Wangfu Garden, Zhejiang, China

Masterfully pan-fired, the leaves are shaped into beautiful spears and elicit the sweet, lightly roasted chestnut flavour and complexity for which this tea has become famous for.

Sencha,
Sasamodo Garden, Shizuoka, Japan

A refreshingly Japanese tea. This loose leaf Sencha is thick, rounded and sweet as a result of expert steam-processing.

Jasmine Pearls,
Yunnan, China

Young tea buds are spring-picked in Yunnan and hand-rolled into pearls of green tea, then scented the traditional way for five consecutive nights, with freshly picked jasmine flowers.

Organic Ceremonial Matcha,
Kirishima Garden, Kagoshima, Japan

This single garden organic matcha is a pure expression of a single cultivar ('Okumidori') with exceptional character: high floral tasting notes, and deep, vegetal umami flavours.

Matcha Latte, *Kagoshima, Japan*

A beautiful blend of Matcha cultivars – Yabukita / Okumidori . Together, they soften luxuriously with milk for an uplifting yet comforting infusion that is smooth, rich and yet still bursts with fresh flavour and clarity – the perfect balance and expression of Matcha.