

Don't forget, also included in your membership

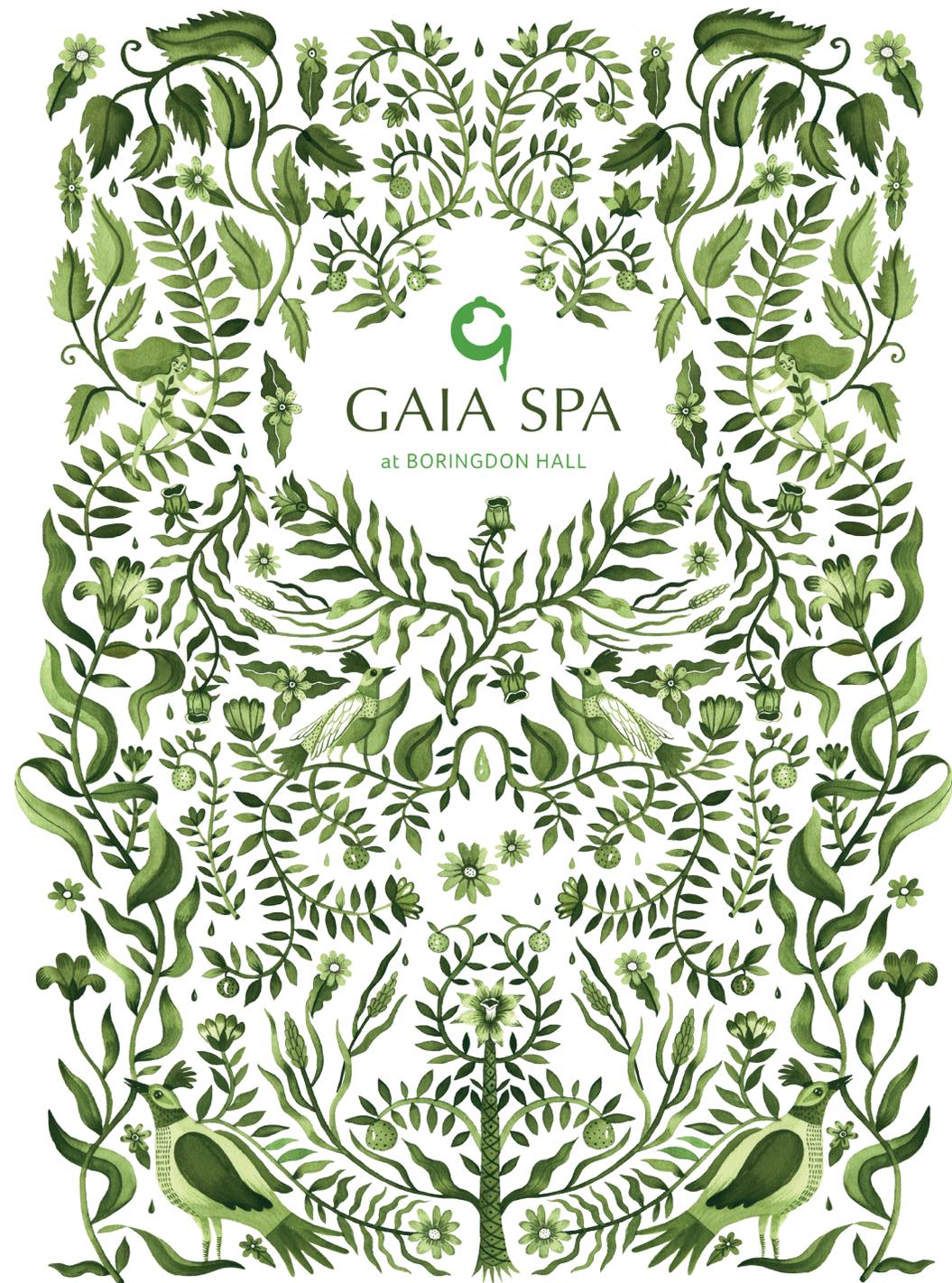
- Full fitness & total health consultation and induction
- 2 free day passes on joining and a 50% discount on further day passes purchased
- 10% off treatments
- 10% off spa retail products
- 10% off spa food
- 10% off accommodation rates
- 10% off food and drink in the hotel
- Monthly members spa event
- Seasonal discounts and special prices

Gaia Spa Boringdon, Plymouth, PL7 4DP
gaiaboringdon.co.uk / 01752 344455



Terms & Conditions

Events must be pre-booked. All listed events are open to Gaia Spa members only. Limited spaces available. You must be a member at the spa at the time of the event. All listed events are complimentary to members, unless stated otherwise. However if you cancel with less than 24 hours' notice or in the case of a no show you will be charged for the event. Any member who books and cannot attend who does not cancel in advance or turn up without notification will be removed off future events they are booked onto or prevented from booking the next 3 events. Deposits may be required at select events.



Members' Events Guide
January - December 2024

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Saturday 27th January | 3.30pm
- *Plymouth Gin Tour*

Explore the history of Plymouth Gin, one of our house pours and right on our doorstep with a guided tour of the distillery - This tour involves a fascinating overview of the history of the Distillery as well as an introduction to the Plymouth Gin distillation process and the botanicals which are used. There will also be a short tutored tasting of Plymouth Gin Original, Plymouth Sloe Gin and Plymouth Fruit Cup.

Monday 4th March | 10.30 - 12pm
- *Flower Workshop*

Join us for our Mother's Day Workshop in partnership with local award winning florist, Hannah Burnett, enjoy creating and making a special gift for any Mother's Day present.

Tuesday 2nd April | 3.30 - 5.30pm
Wednesday 3rd April | 3.30 - 5.30pm
- *Spring Afternoon Tea*

Enjoy an easter afternoon tea in our patisserie restaurant where you can fully indulge with some tasty savouries alongside some delicious desserts.

Tuesday 21st May | 4pm
- *World Tea Day*

On World Tea Day discover a whole new world of tea with Jing Tea. Talking about and tasting the finest examples of loose leaf teas as well as learning how to master the art of making tea. You will leave the masterclass with a deeper understanding of tea.

Friday 21st June | Sunset
- *Boat Cruise*

The essential start to your summer evening, whether winding down from work or a relaxing evening with your family and friends, or a romantic sunset sail for two – sit back, unwind with a complimentary drink, and take in the spectacular scenery of the Devon and Cornwall coast.

Thursday 25th July | 6 - 8pm
- *Skincare masterclass with GAIA*

Let the experts guide you on natural skincare, exploring the benefits of cleansers, toners and serums and understanding the importance of adding these steps to your skincare routine. During the masterclass, sample products and experience a DIY facial.

Thursday 15th August | 7 - 10pm
- *National Fireworks Championship*

Join us for drinks and canapés at Plymouth Hoe's Pier Masters House and enjoy the best view to watch the dazzling annual British Firework Championships. A great chance to catch up with fellow members and enjoy the awe-inspiring displays.

Monday 9th September | From 9.30am
- *Dartmoor Walking Tour*

Join us for a guided walking tour, you will experience a full tour with two scenic walk where you can explore, enjoy and immerse in Dartmoors surroundings.

Saturday 12th October | 3.30pm
- *Plymouth Gin Tour*

Explore the history of Plymouth Gin, one of our house pours and right on our doorstep with a guided tour of the distillery - This tour involves a fascinating overview of the history of the Distillery as well as an introduction to the Plymouth Gin distillation process and the botanicals which are used. There will also be a short tutored tasting of Plymouth Gin Original, Plymouth Sloe Gin and Plymouth Fruit Cup.

Wednesday 27th November | 10.30 - 12pm
Wednesday 27th November | 1 - 2.30pm
Thursday 28th November | 1 - 2.30pm
- *Wreath Making*

You'll learn how to make a wreath using festive florals and natural greenery with mince pies and mulled wine included. All materials are included, and you'll take your creation home to enjoy throughout the festive season or for the perfect season's gift.

Friday 29th November | 7pm
- *A Very Dickensian Murder*

1893 and the Widow Snozbottom doesn't have a lot of money but she has saved a few pounds from her yearly wage to throw a party for all her friends at her favourite place....Belcher Towers. She is looking forward to seeing everyone from William Marley, her close friend Prudence and her new friend, a young writer by the name of Charles Dickens. Of course no party can go without a hitch and what will happen if they disturb the resident miser Cyrus Belcher?

Maximum numbers apply. Booking is essential.

Please see T&C's on back page.

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