

# SPATISSERIE BREAKFAST MENU

Two course breakfast including filtered coffee, tea, herbal teas and juices £30 per person.

Continental breakfast includes filtered coffee, tea, herbal teas and juices £15 per person

Alternatively select individual items from the menu.

Full English

Pork sausage, Denhay back bacon, slow roasted tomato, baked beans, braised mushrooms, St Ewe poached egg –  $\pounds 22$ 

## Vegetarian Full English

Vegetarian sausages, slow roasted tomato, potato rosti, braised mushrooms, wilted spinach, baked beans, St Ewe poached egg –  $\pm 17$ 

## Vegan Full English

GAIA SPA

Vegan sausages, potato rosti, slow roasted tomato, braised mushrooms, wilted spinach, baked beans –  $\pm 17$ 

Eggs Benedict Toasted English breakfast muffin, sliced ham, poached St Ewe eggs, hollandaise sauce –  $\pounds 17$ 

Eggs Florentine Toasted English breakfast muffin, spinach, poached St Ewe eggs, hollandaise sauce - £16

> Smoked Salmon St Ewe poached eggs, dill crème fraîche – £19

> > Brioche French Toast

Bacon & maple syrup or Peanut butter & banana or berry compote - £15

Serrano Ham & Emmental Cheese Croissant

Rocket, slow roasted tomato - £10

Dishes may contain traces of nuts, please make restaurant staff aware of any allergies / dietary requirements. A discretionary 10% service charge will be applied to your bill.

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# DRINKS MENU

Cafetiere Coffee -  $\pounds 4$ Selection of Fruit Juices -  $\pounds 3$ Hot Chocolate Stirrer -  $\pounds 4$ 

Black Tea

JING<sup>™</sup> Tea's single origin black

teas are made from whole leaf

loose tea, with each terroir

offering a unique richness

and intensity of flavour. With

strength and structure, black teas taste rich and often malty.

Espresso - £2.50 Americano - £3.50 Cappuccino, Latte, Flat White - £4

# JING™ TEA

## Green Tea

JING<sup>™</sup> Tea's single origin green teas are crafted by masters in China and Japan, with generations of knowledge in producing the very best leaves. Green teas taste vegetal and fresh, with a natural spring-sweetness and a satisfying, silky texture.

Assam Breakfast, Assam, India

The ultimate breakfast tea, expertly blended from Assam's finest tea gardens - strong and bursting with flavour.

> Decaffeinated Ceylon, Ruhuna, Sri Lanka

A rich and supremely smooth Ceylon breakfast tea, without the caffeine. Perfect to set your dayto a great start.

Organic Darjeeling 1st Flush, Darjeeling, India

A supreme, organic grade of loose-leaf Darjeeling First Flush from Badamtam Tea Garden, India. Superbly fragrant with a clear expression of the unique Darjeeling terroir.

> Earl Grey, Ruhuna, Sri Lanka

An invigorating Ceylon tea from Ruhuna, Sri Lanka, lifted by fresh and exuberant bergamot.

> CHAI, Assam, India

A highly aromatic combination of rich and malty Assam black tea from India with cinnamon, cardamom, and ginger spices. Organic Jade Sword™, Baotian Garden, Hunan, China

A single-garden green tea bursting with sweet spring flavour - a wonderful introduction to Chinese green teas.

> Dragon Well, Wangfu Garden, Zhejiang, China

Masterfully pan-fired, the leaves are shaped into beautiful spears and elicit the sweet, lightly roasted chestnut flavour and complexity for which this tea has become famous for.

## Sencha,

Sasamodo Garden, Shizuoka, Japan

A refreshingly Japanese tea. This loose leaf Sencha is thick, rounded and sweet as a result of expert steam-processing.

#### Jasmine Pearls, Yunnan, China

Young tea buds are spring-picked in Yunnan and hand-rolled into pearls of green tea, then scented the traditional way for five consecutive nights, with freshly picked jasmine flowers.

> Organic Ceremonial Matcha, Kirishima Garden, Kagoshima, Japan

This single garden organic matcha is a pure expression of a single cultivar ('Okumidori') with exceptional character: high floral tasting notes, and deep, vegetal umami flavours.

#### Matcha Latte, Kagoshima, Japan

A beautiful blend of Matcha cultivars – Yabukita / Okumidori. Together, they soften luxuriously with milk for an uplifting yet comforting infusion that is smooth, rich and yet still bursts with fresh flavour and clarity – the perfect balance and expression of Matcha. JING<sup>™</sup> Tea (2 cup) - £4.70 JING <sup>™</sup> Tea (4 cup) - £9

## Herbal Infusions

Our herbal infusions are comprised of the highest quality, freshly picked and dried whole herbs, flowers and fruits and are naturally caffeine-free.

> Rooibos, Cederberg, South Africa

A tangy and mellow South African rooibos tea, with natural sweetness and subtle richness of Seville oranges.

#### Organic Whole Rosebuds, Iran

Our rose tea is composed of beautifully whole pink rosebuds, for a clean, fragrant, and leafy infusion.

Whole Chamomile Flowers, Slavonia, Croatia

A soothing chamomile tea, composed of only natural, whole flowers for a clean and fresh infusion with a definitive chamomile taste.

### Whole Peppermint Leaves, Bavaria, Germany

Intensely refreshing and cleansing peppermint leaf with an invigorating, cooling finish.

Blackcurrant & Hibiscus, Hungary & Nigeria

A quenching vivaciously balanced blend of juicy blackcurrants with dried roselle hibiscus.

Lemongrass & Ginger, Thailand & Nigeria

A bracing and zesty herbal infusion, with intensely fresh lemongrass and satisfying, warming ginger.