

FAMILY FUN & FSV ACTIVITIES

FAMILY TIME, THE FSV WAY

January invites families to slow down, explore, and share meaningful moments. The calendar below highlights all the experiences waiting for you this month.

MON	TUE	WED	THU	FRI
Jan 5, 2026	Jan 6, 2026	Jan 7, 2026	Jan 8, 2026	Jan 9, 2026
Welcome Party	Aqua Relaxation	Water Walking	Quinta da Tôr Wines	Quiz
Walk to Quarteira	Vilamoura Walk			
Jan 12, 2026	Jan 13, 2026	Jan 14, 2026	Jan 15, 2026	Jan 16, 2026
Welcome Party	Aqua Relaxation	Water Walking	Salt Mine Visit	Bingo
Walk to Quarteira	Vilamoura Walk			
Jan 19, 2026	Jan 20, 2026	Jan 21, 2026	Jan 22, 2026	Jan 23, 2026
Welcome Party	Vilamoura Walk	Aqua Relaxation	Discover Loulé	Quiz
Walk to Quarteira				
Jan 26, 2026	Jan 27, 2026	Jan 28, 2026	Jan 29, 2026	Jan 30, 2026
Welcome Party	Aqua Relaxation	Water Walking	Explore Faro	Bingo
Walk to Quarteira	Vilamoura Walk			

COLOUR CODE: ● EXCLUSIVE FOR MEMBERS | ○ DISCOVER & EXPLORE | ■ ENERGIZE & REVITALIZE | ● FSV TOURS | ● FUN & GAMES | ● LIVE MUSIC

FSV TOUR ●

QUINTA DA TÔR WINES

Uncover the Algarve's winemaking heritage with an exclusive visit to Quinta da Tôr. Explore a family-run vineyard, learn the craft from vine to bottle, and enjoy a curated tasting set against peaceful rolling hills.

DETAILS

Thursday, January 8th

10:15 am – 1:30 pm | 36€ per person

Book at Reception at least 24 hours in advance | Minimum 6 participants

Bring comfortable shoes, a relaxed spirit and a palate ready for discovery.

FSV TOUR ●

DISCOVER LOULÉ

Explore Loulé on a relaxed half-day tour through cobbled streets and historic landmarks, from medieval castles to ancient baths, each with a story to share.

DETAILS

Thursday, January 22nd

9:30 am – 1 pm | 28€ per person

Book at Reception at least 24 hours in advance | Minimum 6 participants

Bring comfortable shoes, and a adventurous spirit. Weather-dependent.

FSV TOUR ●

LOULÉ'S SALT MINE VISIT

Descend into Loulé's underground world and uncover the Algarve's geological story on a guided tour through ancient salt chambers. Quiet, cool, and full of wonder.

DETAILS

Thursday, January 15th

10 am to 1:15 pm | 44€ per person

Book at Reception at least 24 hours in advance | Minimum 6 participants

Bring comfortable shoes, water, and a light jacket, temperatures can drop underground.

FSV TOUR ●

EXPLORE FARO

Discover Faro on a half-day walking tour rich in history and culture. Stroll cobbled streets, visit historic sites, and enjoy lively squares for a true glimpse into the Algarve's past.

DETAILS

Thursday, January 29th

9:30 am – 1:30 pm | 30€ per person

Book at Reception at least 24 hours in advance | Minimum 6 participants

Wear comfortable shoes and be ready to explore. Activity is weather-dependent.



ENERGIZE & REVITALIZE ● INDOOR POOL SESSIONS

Step into the pool for a morning session to refresh the mind and energize the body. Check the calendar for dates.

DETAILS

Aqua Relaxation Flow, 9:30–10:15 am

Slow stretches, deep breathing, and stress relief

Mindful Water Walking, 9:30–10:15 am

Gentle resistance walking for posture and calm

Free of charge | Booking advisable up to the day before

DISCOVER & EXPLORE ● VILAMOURA WALK

Join us from 4 to 5 pm for a free afternoon walk designed to awaken your senses and refresh your spirit.

Book at Reception at least 24 hours in advance (minimum 5 participants). Bring walking shoes, water, and an open mind, and note, this activity is weather-dependent.

QUARTEIRA MORNING WANDER

Between 9:15 am and 12 pm, enjoy a refreshing morning walk from Four Seasons Vilamoura to Quarteira and back, taking in coastal charm, lively markets, and the colourful details of daily life along the shoreline.

Book at Reception at least 24 hours in advance (minimum 5 participants). Wear comfortable shoes and bring water. Activity is weather-dependent.

FRIDAY GAMES ●

JOIN THE FUN

Bingo or Quiz, a dose of fun, luck, and friendly rivalry every Friday. Check the calendar to see what's on, and bring your game face!

Fridays, 3–3:45 pm | Book at Reception

Min. 5 participants | Free of charge

INSIDER TIP

Make It Yours

Be adventurous, take plenty of photos, and let curiosity guide you. Every walk and tour is a chance to learn and create lasting memories.