BAR AND GRILL MENU

NIBBLES FRESH BREAD WITH HERB BUTTER & PÂTÉ (GFR) 3.5€ PER PERSON

6.30PM - 9.30PM

8€

16€

STARTERS

served with toast

HOMEMADE VEGETABLE SOUP (V, GFR) 6€ Served with bread roll

RICH SEASONAL SOUP OF THE SEA (GFR) 9€ With prawns, local fish, flavoured with coriander and

GARLIC MUSHROOMS ON TOAST (V, GFR) 10€

Tarragon cream sauce, parmesan shavings

IELON AND SERRANO HAM	
e i si si i i i	

Mixed with wild rocket

14€ **KOREAN CHICKEN (DF)**

Crispy chiken, asian Slaw, gochujang sauce, charred lime, spring onion, sesame

MEATBALLS ALL' ARRABIATTA (3 UNI) 13€

Beef meatballs in spicy tomato sauce, parmesan

"PICA- PAU" (GF) Sautéed beef stripes with pickles **BRUSCHETTA CAPRESE** (V, GFR)

Fresh local tomatoes, buffalo mozzarella and basil

12€.

23€

28€

17€

16€ PAN-FRIED GARLIC PRAWNS (GFR)

Succulent, shell-free prawns infused with garlic and chilli pepper

PRAWN COCKTAIL 17€

Atlantic prawns, baby gem, marie rose

SAUTÉED SCALLOPS (3 UNI) 19€

Apple chutney, spicy lime, herbs and Granny Smith salsa, crispy cured Portuguese ham

FSV CLASSICS

FSV CHICKEN SUPREME Rosemary mashed potato; asparagus, cream and mushroom sauce	20€
FOUR SEASONS BITOQUE Sirloin steak, crispy cottage fries, fried egg, Portuguese sauce	26€
BBQ PORK RIBS Sticky BBQ sauce, steakhouse fries	25€
LAMB SHANK Mashed potato and Jus	31€
BEER BATTERED FISH AND CHIPS Mushy peas and tartare sauce	24€
HOMEMADE MEAT LASAGNE	19€

Chicken from the Rotisserie

WITH OLIVE OIL. BUTTER. PAPRIKA. SALT & PEPPER

HALF CHICKEN WHOLE CHICKEN

> 12€ 22€

WE RECOMMEND ADDING TWO SIDES AND ONE SAUCE

SIDES - 6€ EACH

FRIES (VE)

CORN ON THE COB (V)

COLESLAW (V)

AVOCADO & TOMATO SALAD (VE)

SAUCES - 4€ EACH

PIRI-PIRI

CHIMICHURRI

GARLIC AND LEMON

SPICY BBQ

FROM THE GRILL

ALL SERVED WITH STEAKHOUSE FRIES AND SEASONAL VEGETABLES

PORK TENDERLOIN AND PRAWN KEBAB 20€ **RIBEYE STEAK 8,80Z** 29€ FILLET STEAK 8,80Z 31€ **LAMB CUTLETS** 70Z 29€

ADD PRAWNS FOR SURF AND TURF FOR 6€

FROM THE SEA

ALL SERVED WITH NEW POTATOES AND SEASONAL **VEGETABLES**

PAN FRIED SOLE FILLET

Lightly floured and pan-fried in lemon and butter **GRILLED SALMON FILLET**

Boneless fillet

BURGERS

OCTOPUS "LAGAREIRO"

ALL SERVED WITH STEAKHOUSE FRIES

Slow-cooked and oven-finished with olive oil, garlic,

and fragrant bay leaf.

FOUR SEASONS CLASSIC

FOUR SEASONS BRIE

PASTA AND RISOTTO (GFR)

100% minced beef, house salad

PENNE AL PESTO (V, DF) 16€ Cherry tomatoes, Grana Padano, pine nut pesto

CLASSIC BEEF BOLOGNESE (DF) 17€ 100% minced beef, mushrooms, onions, tomato, carrots

22€ **PRAWN TAGLIATELLE (DF)** Homemade shrimp bisque, coriander

CHICKEN AND MUSHROOM RISOTTO 19€ Sauté chicken, wild mushroom, parmesan

PRAWN RISOTTO 21€ Homemade prawn bisque, coriander

PIZZA (GFR, DFR)

CRISPY DUCK 19€ Tomato sauce, shredded duck, plum, spring onion, cucumber

MARGHERITA (V, VER) 15€ Tomato sauce and mozzarella cheese

PEPPERONI Tomato sauce, fresh chilli & pepperoni

VEGETARIAN (VER) 17€

Tomato sauce, spinach, mushrooms, peppers, olives

Tomato sauce, mozzarella, ham, pineapple

HAWAIIAN 17€

17€

PULLED PORK (GFR)

cornichons 17€

Smoked bacon, roasted onion, brie cheese, lettuce,

Pulled pork slowly cooked with Bbg sauce, cheddar, coleslaw, pickle, corn, lettuce and tomato

Smoked bacon, tomato, lettuce, cheese and egg

KOREAN CHICKEN 17€.

Crispy chicken breast, cheddar, tomato, lettuce, red cabbage with Ponzu dressing, Kimchi mayo and Teriyaki

FOUR SEASONS VEGETARIAN (V)

17€

Carrot, onion, beetroot, lettuce, tomato, beans & corn burger, cheddar

SALADS

TRICOLOUR (V, GF) 15€ Mozzarella, tomato, avocado, balsamic, vinaigrette

CHICKEN AND AVOCADO (DF) 17€ Mushrooms, croutons, honey and mustard

SUPERFOOD (V, DF) 17€

Quinoa, rocket, toasted walnuts, avocado, cherry tomatoes, croutons, honey sauce

PRAWN AND MANGO (DF)

Lettuce, tomato, cabbage, cocktail sauce

Lettuce, croutons, bacon, parmesan cheese, caesar sauce

ADD CHICKEN +2€ | ADD PRAWN +3€

SIDES 6€ EACH (ALL V)

17€

14€

GARLIC BREAD SAUTEED POTATOES (VE)

SAUTE VEGETABLES (VE) **ONION RINGS** HOUSE SALAD (VER, DFR) **BASMATI RICE (VE) STEAKHOUSE CHIPS (VE)**

SPICY CHEESY FRIES

SAUCES 4€ EACH

PEPPERCORN MUSHROOMS HERBS & GARLIC OLIVE OIL MINT GRAVY

V- Vegetarian. VE-Vegan. VER- Vegan on request. GF-Gluten Free. N-Contains nuts. GFR-Gluten Free on request. DF-Dairy Free. DFR-Dairy Free on request. PLEASE NOTE: If you have a food allergy, please enquire about the ingredients in each dish. Our kitchen has strict procedures for handling food in order to ensure the safety of our consumers. However, we cannot guarantee that the products have not come into contact with other allergens; either through cross-contamination or omission by third parties. Our fish dishes may contain small bones. We recommend exercising caution when enjoying these items. All prices are in euros (€). VAT is included at the legal rate. The rates apply to takeaway products in boxes and bags. No food or drink, including the couvert can be charged if the customer does not request it or if it is not consumed.