

LUNCH MENU



12.00pm - 14.30pm



SOUP

HOMEMADE VEGETABLE SOUP (V,GFR) Served with bread roll	6€
RICH SEASONAL SOUP OF THE SEA (GFR) With prawns, local fish	9€

LIGHT BITES

PLAIN OMELETTE (GFR) (V)	12€
Choice of 2 ingredients. Served with salad and chips	14€
Add another ingredient +2 €	

BRUSCHETTA CAPRESE (V, GFR) Fresh local tomatoes, buffalo mozzarella & basil	12€
CRISPY SQUID Garlic mayo	12€
COD GOUJONS Tartare sauce & lemon slice	15€
HOT DOG (GFR) Bacon, cheese, roasted onions & tomato sauce, served with chips	14€

DUCK NACHOS Shredded duck, guacamole, cheese, tomato & jalapeño salsa, sour cream	14€
SALT AND PEPPER CHICKEN WINGS Sour cream & spicy BBQ sauce	12€
KOREAN CHICKEN (DF) Crispy chicken, Asian slaw, gochujang sauce, charred lime, spring onion, sesame	14€

BURGERS

ALL SERVED WITH CHIPS

FOUR SEASONS CLASSIC Smoked bacon, tomato, lettuce, cheese and egg	17€
PULLED PORK BURGER (GFR) Pulled pork slowly cooked with BBQ sauce, cheddar, coleslaw, pickle, corn, lettuce & tomato	17€
KOREAN CHICKEN BURGER Crispy chicken breast, cheddar, tomato, lettuce, red cabbage with Ponzu dressing, Kimchi mayo & teriyaki	17€
FOUR SEASONS VEGETARIAN (V) Carrot, onion, beetroot, lettuce, tomato, beans & corn burger, cheddar	17€

PASTA

PENNE AL PESTO (V, DF) Cherry tomatoes, Grana Padano, pine nut pesto	16€
CLASSIC BEEF BOLOGNASE (DF) 100% minced beef, mushrooms, onions, tomato, carrots	17€

SALADS

TRICOLOUR SALAD (V) Mozzarella, tomato, avocado, balsamic, vinaigrette	15€
CAESAR SALAD Lettuce, croutons, bacon, parmesan, caesar sauce Add chicken+2 Add prawn +3	14€

PIZZA (GFR, DFR)

CRISPY DUCK Shredded duck, plum, spring onion, cucumber	19€
MARGHERITA (V, VER) Tomato sauce and mozzarella cheese	15€
PEPPERONI Fresh chilli & pepperoni	17€
VEGETARIAN (VER) Spinach, mushrooms, peppers, olives	17€
HAWAIIAN Tomato base, mozzarella, ham, pineapple	17€

SANDWICHES & BAGUETTES

ALL SERVED WITH SALAD

CLUB SANDWICH (GFR) Toasted white bread, chicken, bacon, egg, tomato, cheese & ham	13.5€
TUNA MAYO BAGUETTE (GFR) Tuna, lettuce, cucumber & mayo	9.5€
BANG BANG CHICKEN BAGUETTE (GFR) Gem lettuce, cucumber, pulled chicken and Bang bang sauce	9.5€
STEAK BAGUETTE (GFR) Sirloin strips, blue cheese, roasted onion & gem lettuce	16€

WRAPS

ALL SERVED WITH SALAD

CRISPY DUCK WRAP Shredded duck, gem lettuce, spring onion, cucumber, plum & yoghurt sauce	13.5€
CHICKEN WRAP Chicken, lettuce, cherry tomato & pesto	12.5€
AVOCADO WRAP (V) Avocado, lettuce, cherry tomato & pesto	12.5€

PANINIS

ALL SERVED WITH SALAD

HAM OR CHEESE HAM AND CHEESE (GFR)	8.5€ 9.5€
PESTO CHICKEN (GFR)	11.5€
SERRANO HAM, FRESH MOZZARELLA & PESTO (GFR)	13.5€

SIDES 6€ EACH (ALL V)

GARLIC BREAD | STEAKHOUSE CHIPS | SKINNY FRIES (VE) | SPICY CHEESY FRIES | ONION RINGS | HOUSE SALAD

V- Vegetarian. VE-Vegan. VER- Vegan on request. GF-Gluten Free. N-Contains nuts. GFR-Gluten Free on request. DF-Dairy Free. DFR-Dairy Free on request. PLEASE NOTE: If you have a food allergy, please enquire about the ingredients in each dish. Our kitchen has strict procedures for handling food in order to ensure the safety of our consumers. However, we cannot guarantee that the products have not come into contact with other allergens; either through cross-contamination or omission by third parties. Our fish dishes may contain small bones. We recommend exercising caution when enjoying these items. All prices are in euros (€). VAT is included at the legal rate. The rates apply to takeaway products in boxes and bags. No food or drink, including the couvert can be charged if the customer does not request it or if it is not consumed. We have a complaints book. For tables with 10 people or more, a preorder is required.