GOOD MORNING

THE FULL WORKS £25pp
Help yourself to our continental breakfast selection and juice bar along with tea and filtered coffee and order one breakfast main.

CONTINENTAL £15pp
Help yourself to our continental breakfast selection including juice bar and order tea and filtered coffee.

Alternatively, order a main from the below and pay individually.

CONTINENTAL

PASTRIES (V)
A selection of pastries and preserves

GRANOLA (V)
Natural yoghurt, served with fresh fruit compote

WARM PORRIDGE (V) (VG*)
Topped with wild flower honey

FRESH FRUIT SALAD (V)

DRINKS ARE ON US!
Enjoy unlimited Mimosas and Prosecco

MAIN COURSE

FULL ENGLISH (GF) £12.50
Pork sausage, grilled back bacon, grilled tomato, mushroom, hash brown, baked beans, free-range egg

VEGETARIAN FULL ENGLISH (V) £11
Vegetarian sausages, hash brown, grilled tomato, mushrooms, wilted spinach, baked beans and free-range egg

VEGAN FULL ENGLISH (VG) £10.50
Vegan sausages, hash browns, grilled tomato, mushrooms, wilted spinach and baked beans

EGGS BENEDICT £11
Toasted muffin, sliced ham, poached free-range eggs, hollandaise sauce

EGGS ROYALE £16
Toasted muffin, smoked salmon, poached free-range eggs, hollandaise sauce

POACHED EGG & AVOCADO (V) £10
Sourdough toast, avocado, poached egg, chilli, lemon, coriander, toasted seeds

DRINKS

Gluten free options and non-diary milk available on request.

JUICE BAR £2.20
Cloudy Apple, Orange, Cranberry

TEA £3.50
Cornish Breakfast	Vanilla Chai
Decaf Cornish Breakfast	Lemon & Ginger
Chamomile	Red Berry
Earl Grey & Rose Petal	Strawberry
Green Tea	Chilli & White Tea
Mint	Red Bush

COFFEE
Filter Coffee (Decaf Available)	£3
Espresso	£2.50
Hot chocolate	£3.50
Americano	£3.30
Flat white	£3.80
Cappuccino	£3.80
Latte	£3.80
Mochaccino	£4

We try and source as much produce as possible from the local area. If you have any dietary requirements please inform a member of staff when ordering.

V - Vegetarian   VG - Vegan   GF - Gluten Free

@FISTRALBEACHHOTEL | #FISTRALBEACHHOTEL