

# FISTRAL CHRISTMAS PARTY MENU

## STARTERS

### SPICED PARSNIP AND APPLE SOUP

Parsnip Crisps. (VG, NGCI, DF)

### CURED TROUT

Pickled Fennel & Ginger Dressing, Yoghurt & Dill (NGCI, DF\*)

### BUTTERNUT AND SAGE ARANCINI

Pumpkin Purée, Grana Padano (V)

### DUCK LIVER PARFAIT

Onion Marmalade, Crostini (NGCI\*)

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## MAINS

### STUFFED TURKEY BREAST

Cranberry Sauce, Duck Fat Roasted Potatoes,  
Pigs in Blankets (DF\*, NGCI)

### ROASTED NEWLYN HAKE

Hazelnut Butter, Sprouts (NGCI)

### CONFIT DUCK LEG

Chorizo and Chickpea Stew, Braised Red Cabbage (NGCI)

### ORZO PASTA

Braised Fennel, Confit Cherry Tomato, Green Sauce, Parmesan (VG\*)

*Roasted Seasonal Vegetables for the Table*

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## DESSERTS

### CHRISTMAS PUDDING

Custard, Amaretti Ice Cream

### FROZEN VANILLA PARFAIT

Mixed Berries, Brandy Snaps

### ST. CLEMENTS TART

Meringue, Cornish Clotted Cream

(V) - Vegetarian, (V\*) - Vegetarian option available (VG) - Vegan, (VG\*) - Vegan option available  
(NGCI) - No gluten-containing ingredient (NGCI\*) - No gluten-containing ingredient option available  
(DF) - Dairy free, (DF\*) - Dairy free option available

*Please advise the team of any intolerances or allergies.  
Whilst we will advise on dish ingredients, we cannot guarantee against traces or any cross contamination throughout the kitchen*