

# GOOD MORNING

## THE FULL WORKS

£25pp

Help yourself to our continental breakfast selection and juice bar along with tea and filtered coffee and order one breakfast main.

## CONTINENTAL

£15pp

Help yourself to our continental breakfast selection including juice bar and order tea and filtered coffee.

Alternatively, order a main from the below and pay individually.

## CONTINENTAL

### PASTRIES (V)

A selection of pastries and preserves

### WARM PORRIDGE (V) (VG\*)

Topped with wild flower honey

### GRANOLA (V)

Natural yoghurt, served with fresh fruit compote

### FRESH FRUIT SALAD (V)

**DRINKS  
ARE ON US!**

Enjoy unlimited  
Mimosas and  
Prosecco

## MAIN COURSE

### FULL ENGLISH (GF)

£12.50

Pork sausage, grilled back bacon, grilled tomato, mushroom, hash brown, baked beans, free-range egg

### EGGS BENEDICT

£11

Toasted muffin, sliced ham, poached free-range eggs, hollandaise sauce

### VEGETARIAN FULL ENGLISH (V)

£11

Vegetarian sausages, hash brown, grilled tomato, mushrooms, wilted spinach, baked beans and free-range egg

### EGGS ROYALE

£16

Toasted muffin, smoked salmon, poached free-range eggs, hollandaise sauce

### VEGAN FULL ENGLISH (VG)

£10.50

Vegan sausages, hash browns, grilled tomato, mushrooms, wilted spinach and baked beans

### POACHED EGG & AVOCADO (V)

£10

Sourdough toast, avocado, poached egg, chilli, lemon, coriander, toasted seeds

## DRINKS

Gluten free options and non-diary milk available on request.

### JUICE BAR

£2

Cloudy Apple, Orange, Cranberry

### COFFEE

Filter Coffee (Decaf Available)

£3

Espresso

£2.60/£3.00

Macchiato

£2.80/£3.80

Americano

£3.00

Flat white

£3.60

Cappuccino

£3.50

Latte

£3.50

Mochaccino

£3.50

### TEA

£3.50

Cornish Breakfast

Vanilla Chai

Decaf Cornish Breakfast

Lemon & Ginger

Chamomile

Red Berry

Earl Grey & Rose Petal

Strawberry

Green Tea

Chilli & White Tea

Mint

Red Bush

We try and source as much produce as possible from the local area. If you have any dietary requirements please inform a member of staff when ordering.

V - Vegetarian VG - Vegan GF - Gluten Free

@FISTRALBEACHHOTEL | #FISTRALBEACHHOTEL