

CHRISTMAS
2023

AT FISTRAL BEACH HOTEL & SPA

FESTIVE

SEASON 2023



Your Stay

Leave the stresses at home and retreat to Cornwall to celebrate the festive season on the coast. The jaw-dropping ocean views, fabulous food and drink offering and relaxing spa facilities provide the ultimate backdrop for festive Cornish adventures, exclusively for adults.

Set upon the cliff overlooking the sandy shores of Cornwall's most iconic beach, Fistral Beach Hotel and Spa is the perfect haven for couples wanting to cosy up, storm watch and unwind in a stylish, coastal sanctuary this festive season. Whether it's a romantic break for two or a festive gathering with friends, retreat to the beach this Winter and celebrate Christmas and New Year in style.

Your Way





Food & Drink

From the moment you step through the doors, the gentle seascapes will relax you as you soak up the floor to ceiling views of the iconic Fistral Beach in our Rosette awarded Dune Restaurant.

At the heart of any festive celebration, the food takes centre stage, and that's no different with our festive breaks by the beach. 'Tis' the season to be jolly and a time to indulge with delightful dining. Think naughty-but-nice delights as an afternoon treat or be tempted by an old school favourite; mince pies and eggnog; all topped off with sea views and a festive atmosphere.

Although Fistral offers a less traditional Christmas, there's one tradition that doesn't change – Christmas Day Lunch. The main event takes centre stage and is a time for all to gather and celebrate. Take a seat at the table, tuck into the mouth-watering dishes that Fistral has to offer and toast Christmas Day by the coast.





Order a Bloody Mary at breakfast and sip Champagne with lunch, it's a time to enjoy your favourite festive tippie at our shoreside sanctuary.

Our drink offering this year is epic and with our recent Trencherman's Award win for 'Best Bar List', you're in safe hands with our dreamy cocktails. We've got an array of tippie related activities on offer during your stay that will sure be a talking point of the holiday. Become a cocktail connoisseur and shake your favourite flavours until your heart's content - our mixologists will show you the tricks of the trade when it comes to making our signature cocktails. Watch the waves roll in over the golden sands of Fistral; tucked away in the warmth of the carefree chill spot, the Bay Bar.

Winner
TRENCHERMAN'S Awards **22**
Best Bar List

THE BAY BAR



What's On?

A stay at Fistral is like no other and that doesn't change at Christmas.
Join us for an adult-only festive break by the beach.

CHRISTMAS BREAKS



SATURDAY 23RD DECEMBER

Christmas Eve-Eve

ARRIVALS | From 3pm

For those on our four-night package, choose from a "Naughty" glass of bubbles or a "Nice" cup of hot chocolate to start your festive stay

SPA* | 6am – 10pm

Transport into a state of inner calm and complete tranquillity with soothing treatments and facilities as Fistral Spa will be open all day

DINNER

Choose from a three-course festive menu and soak up the ambience in Dune Restaurant



SUNDAY 24TH DECEMBER

Christmas Eve

BREAKFAST | 8am – 10.30am

For those on our four-night package, take a seat in Dune Restaurant and tuck into your morning favourites

SPA* | 6am – 10pm

Fistral Spa will be open all day

ARRIVALS | From 3pm

Choose from a "Naughty" glass of bubbles or a "Nice" cup of hot chocolate to start your festive stay

MULLED WINE | 5pm

Mix up your own mulled wine in the Bay Bar

DINNER | From 7.30pm

Four-course dinner in Dune Restaurant followed by live music from *Licence to Swing* in Bay Bar

MINCE PIES | 10pm

Enjoy mince pies & a tipple in the Bay Bar

**Additional charges apply for spa treatments and must be pre-booked.*

MONDAY 25TH DECEMBER

Christmas Day

BREAKFAST | 8am – 10.30am

Toast the big day with a glass of Champagne whilst soaking up the soothing sea views in Dune Restaurant

SANTA

Keep your eyes peeled for a visit from Santa during the morning and find out if you're on the Naughty or Nice List

LUNCH | From 1pm

Enjoy an afternoon Champagne arrival before indulging in a festive three-course Christmas Day lunch in Dune Restaurant

KING'S SPEECH | 3pm

TIME FOR TEA | 5pm

Selection of tea and cakes will be available in Bay Bar

CALL MY BLUFF | 6pm

Know your wines? Test your knowledge with our blind wine tasting game in Bay Bar

DINNER & LIVE MUSIC | 7pm – 9pm

A buffet of seasonal fodder will be served in Dune Restaurant accompanied by live music from **Matt Partridge** in the Bay Bar



TUESDAY 26TH DECEMBER

Boxing Day

BRUNCH | 9am – 12pm

Wake up to breakfast with a side of sea view whilst Bloody Marys and Mimosas are at the ready

SPA* | 6am – 10pm

Transport into a state of inner calm and complete tranquillity with soothing treatments and facilities

FISTRAL BOXING DAY DIP | 12.15pm

Meet us in the lobby for a bracing Boxing Day dip - we'll bring the hip flask!

AFTERNOON TEA | 2pm

Time for a festive afternoon tea in Dune Restaurant

COCKTAIL MASTER-CLASS | 4pm

Learn how to mix, muddle and shake like a pro!

DINNER & LIVE MUSIC | 7pm – 9pm

Enjoy a seasonal dinner in Dune Restaurant followed by live music from **James** in Bay Bar

WEDNESDAY 27TH DECEMBER

BREAKFAST | 8am – 10.30am

Take a seat in Dune Restaurant and tuck into your morning favourites

SPA* | 6am – 10pm

Transport into a state of inner calm and complete tranquillity with soothing treatments and facilities

DEPARTURES | 11am

Head home full of Christmas memories

**Additional charges apply for spa treatments and must be pre-booked.*



25th

CHRISTMAS DAY LUNCH MENU

TO BEGIN

GOOSE FAT DOUGHNUTS

STARTERS

SESAME ROLLED TUNA LOIN

wasabi, avocado puree, papaya salad, crispy rice noodles

BIRDS' LIVER PARFAIT (GF*)

blackberry jelly, poached pear, hazelnut granola, brioche

GODMINSTER CHEDDAR TARTLET

balsamic onions, confit leeks, chives, crispy shallot rings, chive oil

MAINS

ROAST FREE-RANGE TURKEY CROWN (GF*) (DF*)

goose fat roast potatoes, brussels sprouts, pigs in blankets, cranberry & orange stuffing, honey glazed root vegetables, turkey gravy

WILD MUSHROOM NUT ROAST (V) (VG*) (DF*)

roast potatoes, glazed root vegetables, seasonal greens, squash purée, mushroom jus

MONKFISH LOIN

red lentil dahl, carrot & coconut puree, fennel bhaji

DUCK BREAST

duck fat fondant, tenderstem, cherry gel, quackling

DESSERTS

BOOZY CHRISTMAS PUDDING

brandy sauce

DARK CHOCOLATE DELICE

white chocolate cremeux, malt biscuit, malted ice cream

SELECTION OF ARTISAN CHEESES (GF*)

damsel biscuits, membrillo, celery, grapes

(V) - Vegetarian, (V*) - Vegetarian option available

(VG) - Vegan, (VG*) - Vegan option available

(GF) - Gluten free available, (GF*) - Gluten free option available

(DF) - Dairy free, (DF*) - Dairy free option available





Music

When the sun sets on the bay and the echoes of the waves slowly disappear, the sounds at Fistral take the stage. We're all about the music and the festive season is no different and we've got a host of class acts to get you into the spirit.



LICENCE TO SWING

One of the hottest jazz and swing acts in the UK, Licence to Swing takes to the stage this Christmas Eve. Expect a sprinkling of reinvented classical tunes and pop hits and music that'll make you spring onto your feet, the night before the big day is set to be a truly special celebration.

JAMES

Piano solo vocalist James sets a chilled vibe with his distinct vocals on Boxing Day evening; a welcomed treat to wind down the unforgettable festivities before heading home with warming Cornish Christmas memories.

MATT PARTRIDGE

Sit back and enjoy acoustic covers from a range of soft rock classics on Christmas day with Matt Partridge. The perfect back drop to an evening in Bay Bar watching the Winter waves roll into shore whilst sipping an array of dreamy cocktails.

THE BIG STRUT

The Big Strut are a laid-back funk pop six-piece band mixing modern chart classics with a handful of old favourites – all adding up to make your New Year's one to remember.



The Experience

A stay at Fistral is like no other and that doesn't change at Christmas or New Year. Feel the overwhelming festive spirit as you embrace the adult only exclusivity and celebrate together on the Cornish coast.

With the beach in reach, wrap up warm and head along the coast. Stumble upon local wildlife and take steps into the unknown – Newquay is there to be explored. Take a left out of the hotel, wander up the Cornish coast path and you'll find the beauty that is Crantock Beach. A span of golden sands fed from the Gannel Estuary which is the perfect spot for watching the sunset over the Atlantic.

Take to the waves and embrace the winter elements! There's something special about feeling the sand beneath the toes and heading to the blue and just because it's the season to be jolly, doesn't mean that we don't embrace our magical surroundings. Join us on Boxing Day and New Year's Day for our after-brunch tradition, as we take to the ocean with an invigorating dip, before heading back to the warmth of the hotel to enjoy a boozy hot chocolate.



A warm and inviting hotel lounge area. In the foreground, there are several comfortable armchairs and a sofa. A large fireplace with a roaring fire is the centerpiece. To the right, a tall Christmas tree is decorated with lights and ornaments. Large windows on the left offer a view of the sea and a distant town at dusk. The ceiling features exposed wooden beams and hanging light bulbs.

What our guests have to say...

*"A fabulous hotel and spa, amazing staff,
sea views, walks to enjoy and lovely food.
The hotel has created a truly fabulous Christmas
break. We would highly recommend!"*

– Liz (@ecnewey_ict) 2022

HAPPY NEW YEAR

NEW YEAR'S BREAKS

What's On?

We're all about the glitz, glamour and gin this New Year and we're inviting you to join us for a sensational way to mark the start of 2024, the Fistral-way. Get prepared to party on the coast at our adult-only hotel in Cornwall.

SUNDAY 31ST DECEMBER

New Year's Eve

BREAKFAST | 8am – 10.30am

For those who arrive a day early, take a seat in Dune Restaurant and tuck into your morning favourites

ARRIVALS | From 3pm

Choose from an "Naughty" glass of bubbles or a "Nice" cup of hot chocolate to start your festive stay

SPA* | 6am – 10pm

Transport into a state of inner calm and complete tranquillity with soothing treatments and facilities

**Additional charges apply for spa treatments and must be pre-booked.*

COCKTAILS AND LIVE MUSIC | From 6pm

Get the party started in the Bay Bar with a pre-party cocktail and live music from *The Big Strut*

DINNER | From 6pm

Tuck into a sensational seasonal New Year's Menu in Dune Restaurant followed by more live music from The Big Strut and the countdown to the New Year!

MIDNIGHT MUNCHIES | 12.30am

To keep the night going!

MONDAY 1ST JANUARY

New Year's Day

BRUNCH | 9am – 12pm

Wake up to breakfast with a side of sea view whilst Bloody Marys' and Mimosas are at the ready

SPA* | 6am – 10pm

Transport into a state of inner calm and complete tranquillity with soothing treatments and facilities

FISTRAL NEW YEAR'S DAY DIP | 12.15pm

Meet us in the lobby for a bracing New Year's Day dip - we'll bring the hip flask!

DINNER & LIVE MUSIC | 6pm – 9.30pm

For those on our two night package, enjoy a relaxed evening of festive fodder and hangover cures followed by live music in the Bay Bar with *Licence to Swing*

TUESDAY 2ND JANUARY

BREAKFAST | 8am – 10.30am

Take a seat in Dune Restaurant and tuck into your morning favourites

DEPARTURES | 11am

Head home full of Christmas memories

**Additional charges apply for spa treatments and must be pre-booked.*





31st

NEW YEAR'S EVE DINNER MENU

STARTERS

CORNFLAKE FRIED CHICKEN
satay sauce, roasted peanuts, coriander

KING PRAWN BAO BUN
korean bbq sauce, papaya salad

WILD MUSHROOM ARANCINI
truffle aioli, aged parmesan

MAINS

AGED SIRLOIN STEAK (GF)
beef fat fondant, caramelised onion puree, roscoff onion, tenderstem, beef jus

CORN-FED CHICKEN BREAST (GF)
herb gnocchi, mushroom puree, wild mushrooms, spinach, chicken jus

HAKE LOIN
chorizo & red wine butterbean cassoulet, pangratta

BUTTERNUT SQUASH & SAGE RISOTTO
baby spinach & nutmeg

DESSERTS

WHITE CHOCOLATE & GINGER CHEESECAKE
honeycomb, orange gel, biscuit crumble

PASSION FRUIT TART
italian meringue, mango puree, toasted coconut

OR TO SHARE

CHEESE BOARD SHARER (GF*)
selection of south west cheese, quince, celery, damsel biscuits



Twixmas

The season to retreat from everyday life stresses and strains, to push away the day-to-day routine and simply enjoy some relaxation.

Fistral Spa is a serene space designed to take away stresses from the moment you walk in to the moment you leave. During the cooler winter months, there's nothing better than to slip into the warming waters of the Vitality pool or cosy up in the jacuzzi with your special someone.

Tuck yourself away in the relaxation room, lock yourself away from the outside world and submerge into a state of true tranquillity. Boasting nine treatment rooms, Fistral Spa offers the ultimate seaside relaxation through rejuvenating treatments and soothing therapies. From express treatments to full days packages, a Fistral Spa experience is truly unforgettable.







EXPERIENCE A NIGHT OF

epic music, festive food & flowing champagne...

We're all about the music this year, and the festive season is no different. Celebrate with friends, colleagues or family at our DJ & Sax evenings in December.

A fitting genre of Bar Grooves sets the post-dinner vibe, before ramping up the scenes to include old school and deep house. Be mesmerised by the unmistakable sounds of the sax during the night as you sip your favourite cocktail, enjoy the sounds and dance the night away.

DATES

- Friday 1st December
- Friday 8th December
- Friday 15th December

PRICE

£44 per person for a festive three-course evening meal, welcome drink and entertainment.

TIME

Arrival from 6pm, and help yourself to a glass of fizz to get into the Christmas spirit.

BOOK



To find out more information or to book scan the QR code.

Alternatively contact our reservations team on 01637 852221 or email reservations@fistralbeachhotel.co.uk

ACCOMMODATION

If you'd like to stay with us and dance the night away, our room rates start at £95. Contact our reservations team at reservations@fistralbeachhotel.co.uk

FISTRAL XMAS PARTY MENU

STARTERS

DUCK LIVER PARFAIT

cherry jelly, candied pistachio, quackling, brioche

TERIYAKI MARINATED MACKEREL

cucumber, radish, wasabi cream, dill oil, coriander

BUTTERNUT SQUASH, COCONUT & CHILLI SOUP (V) (VG*)

lime yoghurt

MAINS

FREE-RANGE TURKEY BREAST (GF*) (DF*)

cranberry & sage stuffing, roast potatoes, roast root veg, sprouts, turkey jus

CONFIT DUCK LEG

creamed mash potato, sticky red wine cabbage, duck jus

SEA BREAM FILLET

crushed potatoes, tendersteam, shellfish bisque, basil

SWEET POTATO GNOCCHI (V) (VG*)

wild mushroom, spinach & pine nuts, salsa verde

DESSERTS

YOGHURT PANNA COTTA (V) (VG*)

poached rhubarb, rhubarb jelly, Cornish fairing

APPLE & PEAR CHEESECAKE (V) (VG*)

spiced crumble, apple crisp

DARK CHOCOLATE & SALTED CARAMEL TART (V) (VG*)

milk ice cream, chocolate tuile

(V) - Vegetarian, (V*) - Vegetarian Option Available, (GF) - Gluten Free, (GF*) - Gluten Free Option Available, (DF) - Dairy Free, (DF*) - Dairy Free Option Available

Prices

CHRISTMAS BREAKS

ARRIVING ON 23RD DECEMBER 2023

Four-night break from £1420 per couple

On a Dinner, Bed and Breakfast package with Lunch on Christmas Day.

ARRIVING ON 24TH DECEMBER 2023

Three-night break from £1065 per couple

On a Dinner, Bed and Breakfast package with Lunch on Christmas Day.

ARRIVING ON 24TH OR 25TH DECEMBER 2023

Two-night break from £710 per couple

On a Dinner, Bed and Breakfast package with Lunch on Christmas Day.

NEW YEAR BREAKS

ARRIVING ON 31ST DECEMBER 2023

One-night break from £350 per couple

Includes Bed & Breakfast, a three-course New Year's Eve Dinner and tickets to our New Year's Ball.

Two-night break from £700 per couple

Includes Bed & Breakfast, a three-course New Year's Eve Dinner and tickets to our New Year's Ball.

Prices are per room based on two people sharing an economy room.

Deposit amount is the total of one night's stay.

For any cancellations, an Admin fee of £25 is applicable for all room cancellations.

If a booking is cancelled over 3 weeks before arrival date the total cost of stay is refundable however a £25 admin fee will be charged.

If a booking is cancelled less than 3 weeks before arrival date the deposit will be forfeited and a £25 admin fee will be charged.

In the case of a no show 100% of the booking value will be charged and a £25 admin fee will be charged in addition.

Please note all cancellations requests must be received in writing.

Fistral Beach Hotel, Newquay, Cornwall, TR7 1PT
reservations@fistralbeachhotel.co.uk | 01637 852221
fistralbeachhotel.co.uk | @fistralbeachhotel
All details correct at time of printing.

NEW YEAR'S EVE

SEASON 2023



FISTRAL BEACH

HOTEL AND SPA