THE BAY BAR

SNACKS Available 12pm	n - 9pm	MEAT BOARD	£17	Available 12pm	1 - 9pm
Padron peppers, Cornish sea salt (v) (vG) (GF) (DF)	£5	Crispy pork belly, char sui sauce, sesame (GF) (DF)			
Greek fava dip, sourdough flatbread (DF) (V) (VG)	£5	Serrano ham & manchego croquettes, aged parmesan			
Baba ganoush, sourdough flatbread (DF) (V) (VG)	£5	Somerset charcuterie, pickles (GF) £5			
		Flatbread (V) (VG)			
LIGHT LUNCH Available 12pm - 5	5.30pm	SEAFOOD BOARD	£17	Available 12pm	n - 9pm
Soup of the day, bread, salted butter (GF*)	£8	Mini Fish Cakes, mini fish cak	es (DF)		
		Beetroot cured salmon, cape	rs, watercres	S (GF) (DF)	
Primrose herd ham & wholegrain mustard sandwich (GF*) (DF*)	£9	Smoked mackerel pate, beetroot (GF)			
Smoked salmon & cream cheese sandwich (GF*) (DF*)	£12	Flatbread (V) (VG)			
Cornish Yarg & spiced tomato	£9	VEGGIE BOARD	£15	Available 12pm	n - 9pr
chutney sandwich (V) (GF*)		Spiced halloumi fries, Greek yoghurt, pomegrante (GF) (V)			
All available on white or malted bread, served with dressed salad & salted crisps		Pea & mint arancini, wild garlic aioli, parmesan (v) (vG*)			
Chicken Caesar salad, pancetta, croutons,		Baba ganoush, olive oil (v) (vg	(GF) (DF)		
anchovies, parmesan, Caesar dressing (GF*) (DF*)	£16	Flatbread (V) (VG)			
Cornish cream tea, homemade scones, Cornish clotted cream, jam, served with smugglers brew Cornish tea	£10	LARGE PLATES		Available 12pn	n - 9pr
AFTERNOON TEA		Fish & chips, tartare sauce, pea	ıs, lemon (DF	*)	£1
Available 12pm - 4pm		Wagyu burger, cheese sauce, fi	ries, glazed b	un (GF*)	£1
Tuck into a tier of naughty-but nice delights. Our Afternoon Tea is the perfect pick for afternoon indulgences whilst watching the		Spring vegetable linguine, wi	ld garlic pest	to, parmesan (v)	£1
waves roll in over the famous Fistral Beach		SOMETHING SWEET Available 12pm - 9p			
£21 per person		Sticky toffee pudding, toffees	sauce, vanilla	a ice cream (VG) (DF) (V) £
or £28 per person with a glass of Prosecco		Salted caramel brownie, vanilla ice cream (v) (GF)			£
		Mango, passion fruit & cocon			£

(V) Vegetarian

(V*) Vegetarian Option Available (GF*) Gluten Free Option Available

(VG) Vegan

(VG*) Vegan Option Available

(GF) Gluten Free

(DF) Dairy Free

(DF*) Dairy Free Option Available

If you have any dietary requirements please inform a member of staff when ordering. We try and source as much produce as possible from the local area.

Please note a discretionary service charge of 10% will be added to your bill.