

STARTERS & SMALL PLATES

SOURDOUGH OR SEA SALT & ROSEMARY FOCACCIA (DF/V/VG) with olive oil and balsamic vinegar	£6
SOUP OF THE DAY (V/VG*/GF*) Focaccia with salted butter	£8
WILD MUSHROOM AND MOZZARELLA ARANCINI (VG/V/GF*) Red pepper aioli	£8
SALT AND PEPPER SQUID OR CHICKEN (DF*) Asian salad, kimchi mayo	£9

SALADS

Caesar salad three ways

On a base of crisp baby gem lettuce

CLASSIC – Chicken, egg, croutons, streaky bacon, Caesar dressing, parmesan (GF*/DF*) **£15.50**

SALMON – Salmon, egg, croutons, streaky bacon, caesar dressing, parmesan (GF*/DF*) **£17**

VEGAN – Tofu, roasted beetroot, carrot, chimichurri dressing (VG/GF) **£15**

WRAPS

All wraps served with root vegetable crisps and a side of slaw. **Add fries for extra £3.50**

SWEET CHILLI CHICKEN (DF*) **£10.50**
with cheddar and leaves

PLAICE GOUJON WRAP (DF) **£10.50**
with tartare, baby gem and gherkin

HUMMUS WRAP (VG/V) **£9**
Hummus, roasted beetroot, olives, leaves, vegan mozzarella, red pepper aioli

BEER BATTERED FISH AND CHIPS **£18.50**
Minted pea purée, fries, tartare sauce, sea salt
(We donate £1 from every dish sold to The Wave Project!)*

BURGERS

All burgers served with fries

6oz ANGUS (GF*/DF*) **£16.50**
Brioche bun, mature cheddar, streaky bacon, burger sauce and slaw

CAJUN CHICKEN BREAST (GF*/DF*) **£16.50**
Brioche bun, BBQ Sauce, mozzarella and slaw

SPICY BEAN (VG*/V) **£15.50**
Brioche bun, avocado, chilli jam and slaw

SIDES

STEAMED VEGETABLES (VG/GF/V)	£4.50	SWEET POTATO FRIES (GF*/VG/V)	£6
ONION RINGS (VG/V)	£6	SPICED POTATO WEDGES	£4.50
GARLIC BREAD (GF*)	£4.50	MIXED LEAVES, SUN BLUSH	£4.50
CHEESY GARLIC BREAD	£5	TOMATO AND PARMESAN	
FRIES (VG/V/GF*)	£4	SALAD WITH FRENCH	
		DRESSING (VG*/GF*/V)	

(V) - Vegetarian
(DF*) - Dairy Free Option Available
(VG) - Vegan
(VG*) - Vegan Option Available
(GF) - Gluten Free
(GF*) - Gluten Free Option Available

Please advise the team of any intolerances or allergies. Whilst we will advise on dish ingredients, we cannot guarantee against traces or any cross contamination throughout the kitchen. We try and source as much produce as possible from the local area. Vegan desserts available, please ask your server.

A discretionary 10% service charge will be applied to your bill.



*We are proud to be supporting The Wave Project, a charity providing mental health services to children and young people through their NHS-prescribed Surf Therapy courses.