

LUNCH MENU

NIBBLES

| OLIVE BOWL (V) (GF) | £4.5 |
|---|------|
| GARLIC FLATBREAD (V) | £6 |
| RUSTIC BREAD (GF*) (V) (VG*) marinated olives, flavoured butter | £6 |

SANDWICHES Add chips or side salad for £3.50

£9.5

| Aud cimps of side salad | 101 20.00 |
|--|-----------|
| FISH FINGER tartare sauce | £10 |
| CHEESE & HAM TOASTIE | £9 |
| ESPLANADE CLUB bacon, chicken, tomato, egg, lettuce | £10 |
| ESPLANADE VEGAN CLUB | £9.5 |

hummus, lettuce, roasted red pepper

MAINS

PLOUGHMAN'S

cheese, pickle

| PRESSED DOUBLE CHEESEBURGER (GF*) | £16 |
|---|-----------------|
| pink onion, gherkins, smoked bacon, cheese, fr | ies |
| VEGAN BURGER (VG) (V) pink onion, smoked cheese, house slaw, gherki fries | £15 ins, |

FISH & CHIPS £17 beer battered fish, pea pureé, curry mayo

STARTERS & SMALL PLATES

| SALT AND PEPPER CHICKEN (DF) asian slaw, sriracha | £8 |
|---|----|
| PRAWN COCKTAIL (GF*) bread roll, Cornish butter | £9 |
| BATTER SAUSAGE curry mayonaise | £9 |

SALADS

| CRISPY SESAME DUCK SALAD asian slaw, mango, radicchio | £16 |
|---|-----|
| CLASSIC CHICKEN CAESAR (GF*) | £14 |

DESSERTS

| raspberries, wild berry sorbet | £8 |
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| BLUEBERRY BAKED CHEESECAKE (GF) mint gel, blueberry ice cream | £9 |
| LEMON MERINGUE (V) strawberry sauce, lime sorbet | £8 |
| BANANA STICKY TOFFEE PUDDING (V) banana, caramel, vanilla ice cream | £9 |

SELECTION OF ICE CREAMS & SORBETS £7 summer berries, wafers (VG*)(GF*)(DF*)

(V) - Vegetarian, (VG) - Vegan, (VG*) - Vegan Option Available (GF) - Gluten Free, (GF*) - Gluten Free Option Available (DF*) - Dairy Free Option Available

If you have any dietary requirements please inform a member of staff when ordering. We try and source as much produce as possible from the local area.

A discretionary 10% service charge will be applied to your bill.