

LUNCH MENU

Served 12pm - 5.30pm

Homemade soup of the day , warm bread roll (v)	£5
Fishcakes , rocket, sweet chilli, coriander dressing	£6
Loaded fries , BBQ pulled pork, cheese	£7
Creamy carbonara , smoked bacon & mushroom, parmesan cheese	£10
Catch of the day , confit fennel, cherry tomato, new potatoes, lambs lettuce salad, pesto dressing	£14
Fish & chips , Cornish ale battered fillet of haddock, rustic chips, mushy peas, tartar sauce	£12
Esplanade burger , BBQ pulled pork, cheese, onion rings, mayonnaise, fries	£12
Club sandwich , cos lettuce, mayonnaise, chicken, tomato, bacon, coleslaw, fries	£10
Fish finger sandwich , tartar sauce, fries	£8
Superfood salad , quinoa, avocado, broccoli, beetroot, pomegranate, asparagus, seeds (v) <i>(add chicken, salmon or halloumi for £4)</i>	£9
Greek salad , olives, sun-blushed tomatoes, red onion, cucumber, feta cheese (v)	£9
Classic Caesar salad , cos lettuce, croutons, bacon lardons, anchovy, Caesar dressing (v) <i>(add chicken, salmon or halloumi for £4)</i>	£9
Sandwiches/ toasties	£6
<i>Served on white or brown bread with coleslaw and crisps</i>	
- Tuna mayonnaise and cucumber	
- Egg mayonnaise and cress (v)	
- Coronation chicken	
- Cheese and pickle (v)	
- Ham and tomato	
Chocolate brownie , chocolate sauce, rum and raisin ice cream	£6
Fresh fruit salad , Cornish clotted cream	£6
Cornish cheeseboard , Tribute chutney, grapes, celery, crackers	£8
Selection of ice cream , brandy snap basket	£5

We are driven by the seasons and inspired by our specialist Cornish growers, farmers and fishermen. All our dishes are freshly prepared and cooked to order so may take a little time. We have full allergen information on all of our dishes, please ask your host for more information.