

## Fresh, Seasonal & Local The Best of East Anglia

### Starters

MINTED PEA & WATERCRESS SOUP WITH CRISPY ONION (SO,LU,G,V,VE)	9		
BEEF CARPACCIO WITH ROCKET, SHAVED PARMESAN & LEMON (M,SU)	10	Sides	
CHEESE SOUFFLÉ WITH MUSHROOMS & HEART BABY GEM SALAD (ALSO AVAILABLE AS A MAIN) (M,G,E,SU,V)	9/16	SEASONAL VEGETABLES	6
MOZZARELLA SALAD WITH BROAD BEANS & ROCKET LEAF (M,V)	9	ZUCCHINI FRITTI CHUNKY CHIPS	6
CALAMARI FRITTI WITH AIOLI MAYO (MO,E,G,SU)	9	FRENCH FRIES	6
GRILLED ASPARAGUS & POACHED EGG WITH HOLLANDAISE SAUCE (E,SU,M,V)	9	GREEN SALAD  GARLIC BREAD	6
RISOTTO PRIMAVERA WITH ASPARAGUS, BROAD BEANS, PEAS, MINT & PARMESAN (ALSO AVAILABLE AS A MAIN) (SO,LU,SU,M,V)	9/16		
TOMATO AND BASIL BRUSCHETTA ON TOASTED SOURDOUGH BREAD ( G,V,VE)	6		
BROAD BEANS BRUSCHETTA WITH GRATED PARMESAN CHEESE ON TOASTED SOURDOUGH BREAD ( G, M, V)	6		
Mains			
MELANZANE ALLA PARMIGIANA BAKED AUBERGINE WITH TOMATO SAUCE & MOZZARELLA PARMESAN (M,V)		17	
CHICKEN PAILLARD WITH SAUTÉED CHERRY VINE TOMATOES, WILTED SPINACH, CHILLI & FRENCH FRIES		18	
GRILLED FILLET OF SEABASS WITH SAMPHIRE, HERB-CRUSHED NEW POTATOES, LEMON & SALSA VERDE (E,G,TN,M)		18	
PAN SEARED FILLET OF SALMON WITH CHARGRILLED ASPARAGUS, MINTED CRUSHED NEW POTATOES, LEMON & DILL (	CRÈME FRAICHE SA	18 AUCE (F,M,SU)	
ESSEX RACK OF LAMB WITH FRESH PEAS, ASPARAGUS & SALSA VERDE (SO,LU,SU)		25	
SPAGHETTI WITH PESTO SAUCE (E,G,TN,M,V)		12	
Old Favourites	;		
STEAK FRITES WITH ROASTED VINE TOMATOES & GREEN PEPPERCORN SAUCE (M,SU,C)		24	
HOUSE-MADE 80Z BEEF BURGER WITH ONION MARMALADE, BRIOCHE BUN, TOMATO & LETTUCE SERVED WITH FRENC	CH FRIES (G,E,M,SU)	15	
HAYMANS GIN BATTERED HADDOCK WITH CHUNKY CHIPS, MUSHY PEAS & TARTAR SAUCE (F,M,G,SO,SU)		18	

PLEASE INFORM US ON CONFIRMING OF ANY FOOD ALLERGIES OR DIETARY RESTRICTIONS YOU OR YOUR GUESTS HAVE.
FOR YOUR INFORMATION AND REASSURANCE,

ALL DISHES SHOW WHICH POTENTIAL ALLERGENS THEY MAY CONTAIN:

E=EGG; MO=MOLLUSCS; CR=CRUSTACEAN; C=CELERY; M=MILK; F=FISH; TN=TREE NUTS; SO=SOYA; SE=SESAME; SU=SULPHITES PE=PEANUTS; MU=MUSTARD; G=GLUTEN; V=DISHES SUITABLE FOR VEGETARIANS; LU=LUPIN VE= DISHES SUITABLE FOR VEGAN



# SAMPHIRE RESTAURANT AT THE COUNTY HOTEL \* \* \* \*

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#### **Desserts**

WARM CHOCOLATE BROWNIE WITH VANILLA ICE CREAM (G,M,E,SO,LU)	8
YOGURT & VANILLA PANNA COTTA WITH POACHED RHUBARB & SHORTBREAD (M)	9
APPLE TART TATIN WITH THYME, BUTTERSCOTCH SAUCE & VANILLA ICE CREAM (M,G,SO,LU,E)	10
TIRAMISU WITH WHITE CHOCOLATE BRITTLE (E,G,SU,M)	10
SUMMER PAVLOVA WITH BERRIES, CHANTILLY CREAM, RASPBERRY SAUCE & STRAWBERRY SORBET (E,M)	9
BRITISH CHEESE BOARD WITH GRAPES, CELERY, CHUTNEY & CRACKERS (M,G,SO)	12
SELECTION OF SAFFRON ICE CREAM & SORBETS (SO,M,E,LU)	7
FRESHLY BREWED NEWBY TEA OR GROUND COFFEE & PETIT FOURS	4

### **Dessert Wines**

	ABV	50ML
TAYLORS LBV PORT, 2017 A ROUNDED AND SMOOTH PORT WITH DARK FRUIT FLAVOURS. PERFECT TO FINISH ANY MEAL	20%	4.4
COCKBURN'S FINE PORT WITH RICH AROMAS AND FLAVOURS OF RED FRUIT AND AN INTENSE BUT BALANCED MOUTHFEEL	20%	4

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