



The body and SOUL are one, as above so below, as within so without. There is an ever present tide in all of us that ebbs and flows and strives to stay balanced.

Here at SOUL Spa we strive to create harmony and balance towards optimal health whilst providing a relaxing, soothing atmosphere. We want to provide our guests with the most efficient treatments and best experiences whilst never compromising our best quality standards.

OUR CLINIC USES AND RETAILS THE OFFICIAL ORIGINAL TEMPLE SPA PRODUCT RANGE.

## FACIALS

Revitalise your skin with a replenishing facial. Leave feeling relaxed whilst looking radiant.		
Nourish Facial - 60 minutes Instantly nourishes dry skin	£60	
Calm Facial - 60 minutes Perfect for soothing sensitive skin	£60	
Balance Facial - 60 minutes	£80	
<i>Refresh combination or oily skin</i> VIP Facial - 90 minutes	£90	
For ultimate relaxation using targeted products to rejuvenate the skin		
Express Facial - 30 minutes A refreshing facial that cleanses, tones, exfoliates and moisturizes your skin. Great for when you are pressed for time, but need to rejuvenate the skin	£40	
EYES		
Keep your lashes and brows looking perfect with our shape and tint treatment.		
Eyelash Tint - 30 minutes	£18	
SOUL SPA SIGNATURE TREATMENT		
Relax and unwind with our signature package, perfect for those seeking ultimate bliss		
VIP Facial & Back, Neck and Shoulder Massage	£110	

## BODY POLISH TREATMENTS

Full Body Exfoliation - 60 minutes	£110
Including the face and lotion application	
Full Body Exfoliation - 30 minutes <i>Excluding the face</i>	£70
MASSAGE	
Looking for complete relaxation or to relieve tension? These are the treatments for you.	
Aromatherapy - 60/90 minutes The perfect treatment to soothe & relax	£60/£90
Scalp Massage - 30 minutes	£40
Releases tension in the head and neck to relax the mind	
Swedish Full Body - 60/90 minutes Relaxing deep tissue massage	£60/£90
Back & Neck - 30 minutes	£40
To relieve all upper body tension	
HANDS & FEET	
Luxury Manicure - 60 minutes Full manicure including exfoliation with hot mitts to soothe	£45
Luxury Pedicure - 60 minutes Full pedicure including foot soak, exfoliation and massage	£45
Manicure - 45 minutes File, cuticle work, massage and polish	£40
Pedicure - 45 minutes File, cuticle work, hard skin removal, and polish	£40

T: 01628 429 955 (07867430494) soulspa.burnhambeecheshotel@corushotels.com Burnham Beeches Hotel, Grove Road, Burnham, Buckinghamshire SL1 8DP www.corushotels.com/burnham