

CLUB CALCOT

10th May- Grain Store Open Day Timetable

09:00 - 09:30 - Group Cycle

09:00 - 09:45 - Dance Fusion

09:30 - 10:30 - Vinyasa Yoga

10:30 - 11:15 - Weekend Warrior

11:00 - 11:45 - Calcot Rewilding guided Nature Walk

11:00 - 12:00 - Pilates

11:15 - 12:15 - Modern/Jazz Dance

12:00 - 12:45 - Run club

13:00 - 13:45 - Functional Lift

13:00 - 13:45 - Fitness Workshop -Agility and Mobility

15:30-16:30 - Power Yoga

Please remember to book classes in good time to avoid disappointment.
Book on the Club Calcot Membership portal.