



# **BREAKFAST MENU**



www.burnhambeecheshotel.com

### AVAILABLE 7.00AM - 10.00AM

#### CONTINENTAL BREAKFAST £14.95

Bakers Basket filled with Breads (GL), Freshly Baked Pastries (M, EG, GL, SD, SOY)

Croissants (M, EG, GL) (Vegan available)

Toast Preserves – Strawberry, Raspberry, Blackcurrant, Honey, Orange Marmalade (SD)

Fresh Fruits and Berries, Fruit Compotes (SD)

Selection of Cereals, Muesli (NU, GL) or Granola (NU) with Natural or Fruit Yoghurts (M)

Charcuterie Platter of Cured and Smoked Meats (SD) and Cheeses (M)

Selection of Juices, Tea / Coffee

#### THE "FNGLISH" £17.95

Cumberland Sausage (GL,SD), Bacon (SD), Tomato, Mushrooms, Baked Beans, Hash Brown (GL, F, NU)

Choice of Eggs cooked as you like them: fried (EG), scrambled (M, EG) or poached (EG,SD)

# THE VEGETARIAN "ENGLISH" £17.95

Grilled Tomato, Halloumi (M), Mushrooms, Beans, Hash Brown (GL, F, NU),

Vegetarian Sausage (GL),

Choice of Eggs cooked to your liking: fried (EG), scrambled (EG,M) or poached (EG, SD) (V)

## THE VEGAN "ENGLISH" £17.95

Grilled Tomato, Scrambled Tofu (SOY), Mushrooms, Beans, Hash Brown (GL, F, NU)

## **HOUSE SPECIALITIES**

English Porridge Oats (M) (Vegan available)

Laced with Estate Honey and Mixed Berries (V)

Grilled Manx Kippers (F, EG, M)

Smoked Whole Kippers laced with Lemon and Butter, choice of Eggs

Eggs Benedict or Florentine (SD, EG, GL, M)

Toasted English Muffin with 2 Poached Eggs and Sauce Hollandaise

Egg Omelette (EG)

Your choice of 2 fillings: Ham (SD), Mushrooms, Onion, Tomato, Cheddar (M), Fresh Herbs

Sourdough Toast (GL, EG, M)
With Fresh Avocado, Cress and Scrambled Eggs (V),
or Scrambled Tofu (SOY) (VE)

French Toast (GL, M, EG)
Sliced bread soaked in beaten eggs then pan-fried

# **BREAKFAST TO GO**

Breakfast baps: egg (GL, EG), sausage (GL), bacon (GL),
Veggie bap choose from 2 items:
hash brown, mushroom, tomato, vegetarian sausage

Fresh Fruits

Toast and preserves

Yoghurts

Freshly baked pastries

Tea and coffee

Dishes may contain nuts or traces of nuts. Please inform a member of staff should you have an allergy or food intolerance. We have gluten free options for most dishes, please check with the server.