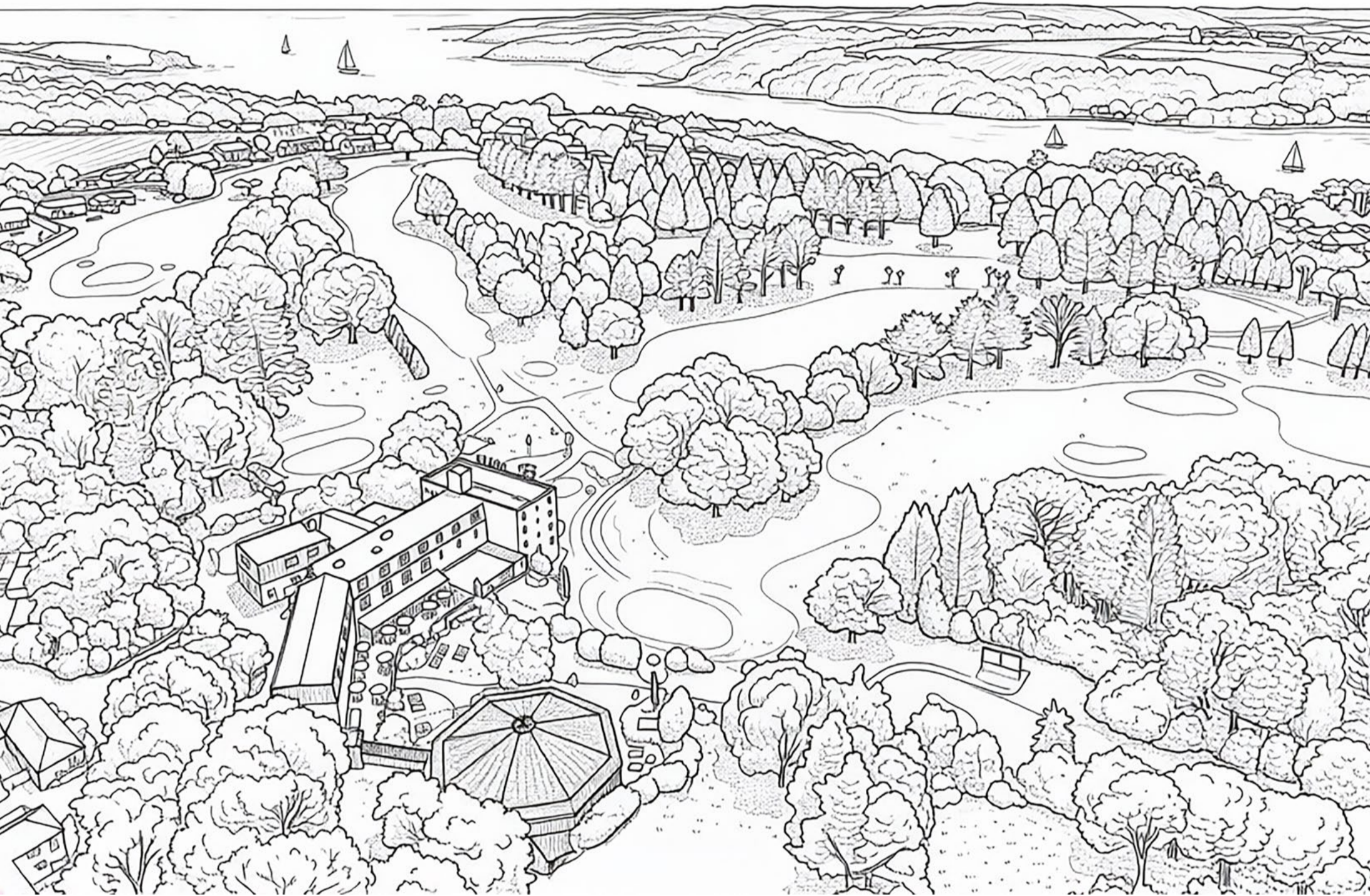


# BUDOCK — VEAN —

HOTEL & SPA

CHRISTMAS, TWIXMAS AND NEW YEAR BREAKS AT BUDOCK VEAN HOTEL & SPA



## A SEASON TO CELEBRATE

Words: Darryl Reburn, General Manager

On behalf of the entire team at Budock Vean Hotel, it is my great pleasure to invite you to join us this festive season, whether to celebrate Christmas or to welcome in the New Year. We look forward to sharing days filled with warmth, comfort

and festive cheer, where every detail is designed to make your stay truly memorable. Our Christmas, Twixmas and New Year breaks have been thoughtfully created to offer something for everyone. Enjoy live music and entertainment, friendly golf competitions, invigorating countryside walks,

relaxing hours in the spa and gentle strolls through our gardens down to our own private foreshore on the Helford River. Relax with your favourite tippie and savour beautifully prepared festive dinners and enjoy the easy, welcoming atmosphere that makes Budock Vean Hotel & Spa so special at this time of year.

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# YOUR HELFORD HIDEAWAY

Escape for peaceful Christmas Breaks at Budock Vean Hotel & Spa, with exceptional dining, festive entertainment and plenty of time to unwind together.

If you're dreaming of a Christmas that feels calm and a little luxurious, Budock Vean Hotel & Spa is the perfect place to settle in and switch off. Arrive to tranquil surroundings, attentive hospitality and the beauty of a house dressed for Christmas, ready for a getaway where you can simply relax. Our Christmas breaks offer a gentle programme

of seasonal moments with something special to look forward to each day. You might join a friendly golf competition, or take a quiet wander through the gardens down to our own foreshore for a breath of fresh air. There's traditional Cornish cream tea, carols to set the mood, and live music to ease you into the evenings, along

## “A Christmas that feels calm and a little luxurious”

with festive touches along the way. Christmas Day is all about coming together for a wonderful lunch, the King's Speech in the Golf Bar, and a more relaxed supper later on, before rounding

off with a celebratory Boxing Day dinner and entertainment. This year, enjoy the festivities at your own pace on a Christmas Break in the Cornish countryside. [@budockvean](https://www.budockvean.com)

# Christmas itinerary

Your Christmas Break includes accommodation, breakfast, Christmas Day lunch and evening dining, a festive entertainment schedule throughout your stay, plus plenty of time to relax with full access to the Natural Health Spa, and 10% off pre-booked treatments.

Choose from four nights arriving on 23rd, three nights arriving on 24th, or two nights arriving on 24th. You are welcome to use the facilities from 1pm on your arrival day, with check in at 3pm. Check out by 11am on departure day, with use of the facilities available until 1pm. Here's a guide to what's on:

## Christmas Eve-Eve

**10.30am** If you enjoy a game of golf, arrive early for our Limited Club Stableford Golf Competition (9 holes). Tee times are available throughout the day – please collect your score card from the Golf Shop.

**12.30pm – 2pm** Light lunches\* are served in the lounges, conservatory and golf area for anyone looking for a bite to eat.

**Arrival from 1pm** For those on the four-night break, arrive for your festive stay. Enjoy use of the leisure facilities, including the spa, with 10% off pre-booked treatments.

**Check in from 3pm** Settle into your cosy room.

**From 6.30pm** Dinner is served in the Helford Restaurant, the perfect way to begin your festive stay.

## Christmas Eve

**From 8am** Start your day with a hearty Cornish Breakfast. Our Head Chef and his team have

created a spectacular Christmas cake for this year – but can you guess its weight? Have a go and you could be the lucky winner.

**Throughout the day** Enjoy all that Budock Vean has to offer: take a garden stroll, relax in the spa or venture further afield on a riverside walk.

**11am** The Stableford Golf Competition begins.

**12.30pm – 2pm** Light lunches\* are served in the lounges, conservatory and golf area.

**Arrival from 1pm** For those on the three and two-night breaks, arrive for your festive stay. Enjoy use of the leisure facilities, including the spa, with 10% off pre-booked treatments.

**Check in from 3pm** Settle into your cosy room.

**3pm – 5pm** Enjoy a traditional Cornish cream tea served in the lounges and bar. We are also delighted to welcome back the Constantine Silver Band, who will be performing beloved carols to set the perfect Christmas mood.

**From 6.30pm** Take your seat for the evening as local and very talented soloist Kirsten Mulcahy entertains with beautiful festive music. During dinner, Gary Mac will also be bringing a touch of magic to your table.

## Christmas Day

**From 8am** Start your day with a hearty Cornish Breakfast.

Don your best Christmas jumper at breakfast and see if you can bag the Budock Vean Christmas Jumper of the Year prize.

**Throughout the day** Enjoy all that Budock Vean has to offer: take a garden stroll, relax in the spa or venture further afield on a riverside walk.

**From 12.30pm** Gather with your party in the restaurant for a wonderful traditional Christmas Day lunch. During lunch we are

delighted to welcome the very talented Alex Cockle, who will be performing his own beautiful interpretations of festive favourites on the piano.

**2.45pm** Join us in the Golf Bar for the King's speech.

**From 7pm** A relaxed Pantry Buffet will be available, which you may enjoy in your favourite cosy corner of the hotel or in the Helford Restaurant.

## Boxing Day

**From 8am** Start your day with a hearty Cornish Breakfast.

**11am** Check out for those on the two-night break. Enjoy full use of the facilities until 1pm on your departure day. Why not explore the beautiful local area before heading home.

**Throughout the day** For those on the four and three-night breaks, enjoy all that Budock Vean has to offer: take a garden stroll, relax in the spa or venture further afield on a riverside walk.

**11am** Golfers, get ready for the Christmas Texas Scramble Golf Competition – a fun and friendly festive contest on the course.

**12.30pm – 2pm** Light lunches\* are served in the lounges, conservatory and golf area.

**From 6.30pm** Enjoy a delicious Boxing Day dinner, followed by lively entertainment from Cornwall's all-female saxophone quartet, Saxy Maids. Then join us in the lounge for Casino time.

## 27th December

**From 8am** Start your day with a hearty Cornish Breakfast.

**11am** Check out for those on the four and three-night breaks. Enjoy full use of the facilities until 1pm. Why not explore the beautiful local area before heading home.

**11am** The Stableford Golf Competition begins.

# Christmas Day menu



### STARTERS

Cured salmon gravadlax, dill crème fraîche (NGCI) (DF\*)

Duck breast salad, rye bread, Camembert, confit plums (NGCI\*) (DF\*)

Whipped ragstone goats cheese crostini, pickled onion marmalade (NGCI\*) (V) (VG\*)

### MAINS

Roast turkey crown, chestnut and cranberry stuffing, pigs in blankets, turkey gravy (NGCI\*) (DF\*)

Roast sirloin of beef, yorkshire pudding and fat roasted carrot (NGCI\*) (DF\*)

Sea trout, foraged sea vegetables, lemon citrus mash potato, caper beurre noisette (NGCI)

Beetroot wellington, chestnut roasted sprouts and balsamic jus (VG) (DF)

### DESSERTS

Traditional christmas pudding, brandy sauce (NGCI\*) (DF\*) (VG\*)

Dark chocolate and pecan nut tart, chocolate cherry sauce, vanilla ice cream

Duo of west country cheese, fig chutney, saffron bun (NGCI\*)

BUDOCK VEAN'S  
**GIFT GUIDE**

This festive season, give your loved ones the gift of a luxury escape in Cornwall at Budock Vean Hotel & Spa, nestled on the Helford River. Our gift vouchers offer unforgettable experiences, from cosy stays and decadent afternoon teas to leisure memberships and golf day passes.

**MONETARY VOUCHER**  
 FROM £10



**BUDOCK GIN**  
 £20



**GOLF DAY PASS FOR TWO**  
 FROM £72



**AFTERNOON TEA**  
 £46 FOR 2 PEOPLE



**SPA AND LEISURE**  
**MEMBERSHIP** £505



**GAIA SKINCARE GIFT SET**  
 FROM £12



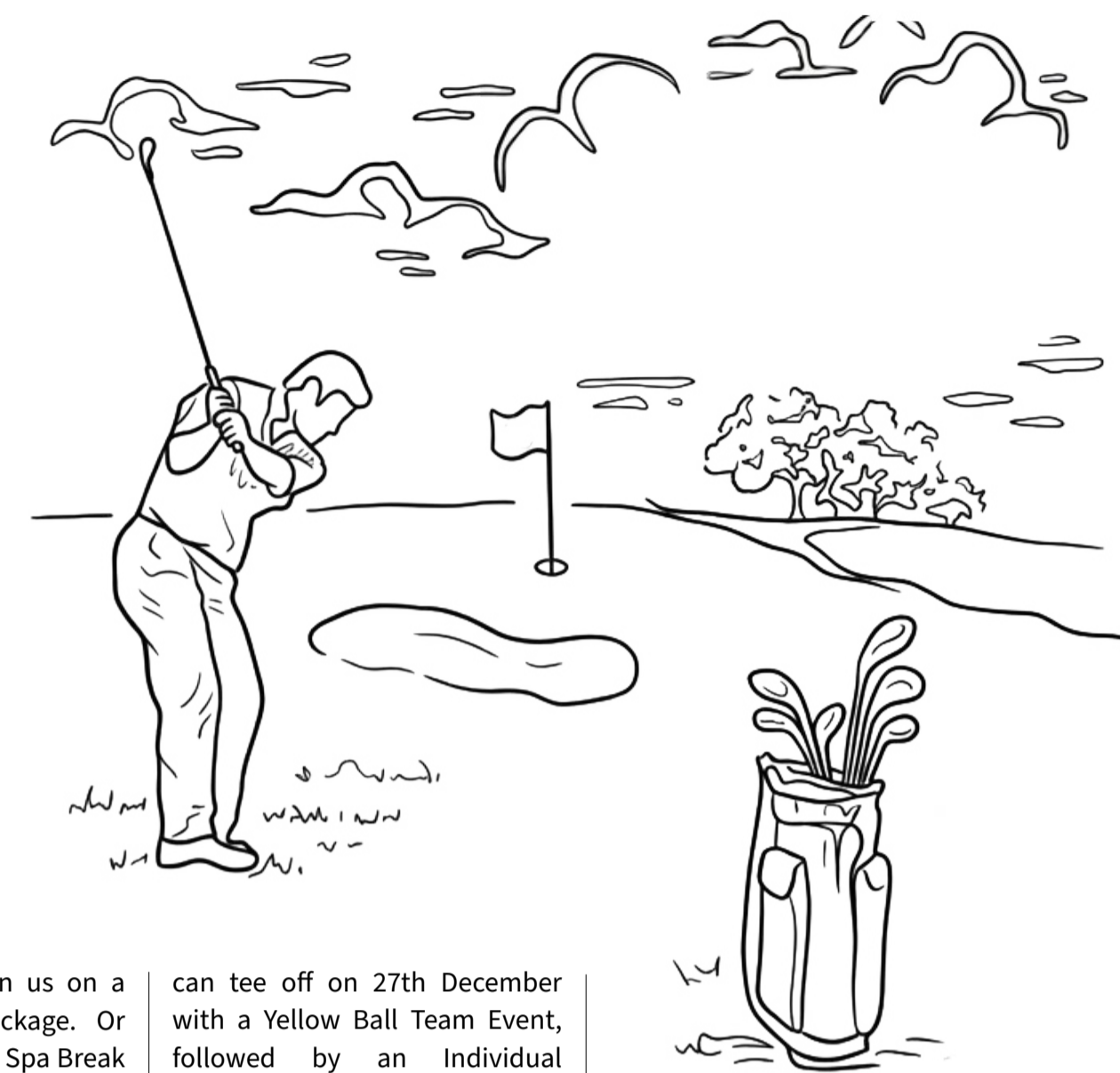
# MOMENTS TO RELAX

Enjoy a few days of calm between Christmas and New Year with a tranquil Twixmas Break.

Stay with us between 27th and 30th December for the ultimate wind-down after a busy Christmas. Spend unhurried time in the leisure facilities, with complimentary membership to our Natural Health Spa, as well as 10% off spa treatments during your stay. Stay on our two-night Twixmas Break, including dinner each evening, a GAIA gift set to take the spa experience home, and a late check out on your

departure day, or join us on a Bed & Breakfast package. Or escape on a Signature Spa Break designed for easy relaxation over one, two or three nights. Enjoy breakfast each day, a 60-minute treatment per person, plus a GAIA gift set. For those who fancy a little friendly competition, our festive golf programme adds a playful touch to the in-between days, with a series of sociable Twixmas events. You

can tee off on 27th December with a Yellow Ball Team Event, followed by an Individual Stableford Competition on 29th December, and wrap up the year with a Texas Scramble on 30th December. Balance time on the course with unhurried moments by the fire, crisp garden strolls and the simple pleasure of having nothing on the to-do list, then head into New Year feeling rested and ready for what's next.



**“Enjoy some time out between the festivities.”**

## A serene sanctuary

Refresh mind and body in the Natural Health Spa.

Our Natural Health Spa is a tranquil place to reset during a Christmas, Twixmas or New Year getaway. As a guest enjoy complimentary access throughout your stay. Swim a few gentle lengths in the indoor heated pool, sink into the outdoor hot tub with peaceful views over the gardens and golf course, then warm

up in the Finnish sauna. Whether you're seeking a morning revival or an unhurried afternoon, slip into your robe and step away from the everyday. Perhaps linger a little longer with a quiet moment reclining on our poolside loungers. If you'd like to make your visit extra special, book a GAIA treatment from our carefully

chosen menu (with 10% discount as a hotel guest) and enjoy blissful time just for you, whether you're craving a tension-easing massage or a glow-boosting facial. In our Natural Health Spa, enjoy hours to relax and unwind, leaving you feeling refreshed and rebalanced, ready for the season's celebrations.



### Treatment spotlight

The GAIA Everglowing Face and Body treatment is a deeply refreshing face and body treatment, created to uplift, revive and restore. Your experience begins with GAIA's signature foot ritual, before you choose the body oil blend that best suits your mood. A soothing back cleanse and exfoliation follow, then GAIA's Strengthening Fitness Gel is applied to help ease tension and encourage lightness through the body. The treatment continues with a radiance facial, including gentle exfoliation, and finishes with a nurturing leg and foot massage, leaving you feeling relaxed and glowing from head to toe.

# ALL IS CALM, ALL IS BRIGHT

From twinkling harbour lights to winter gardens and festive markets, discover seasonal days out just a short drive from the hotel.

Budock Vean Hotel & Spa makes a wonderful base for exploring Cornwall over the festive season.

### Gardens galore

Visit the Eden Project, with its iconic biomes lit up after dark, seasonal displays, ice skating, and plenty to delight all ages. For a truly memorable evening, The Lost Gardens of Heligan invites you to follow twinkling paths through the landscape to discover enchanting light installations at the Heligan Night Garden, over select dates from November to January. Close to Budock Vean

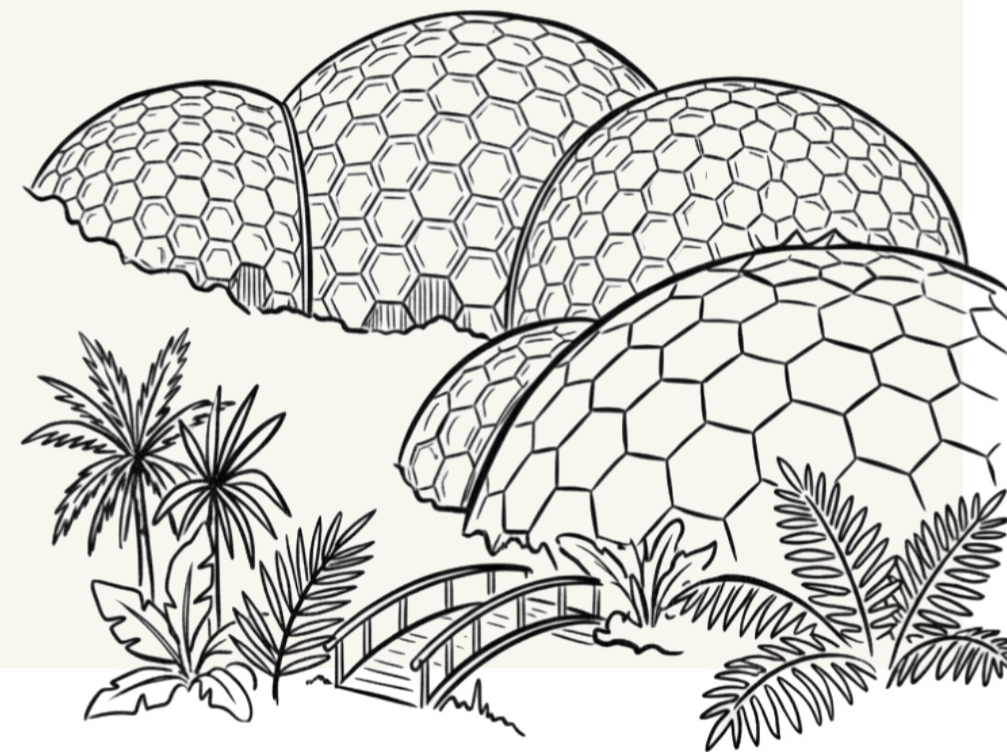
is the stunning Trebah Garden, a 26-acre subtropical Cornish valley garden where there is something to explore in every season, from exotic blooms to winding footpaths leading to a secluded beach on the Helford River.

### Seaside towns

If you're drawn to classic Cornish charm, head to Mousehole to see its famous harbour lights shimmering across the water from mid-December to January. Closer to home, Falmouth offers a lively mix of independent shops, seasonal markets and

festive events, perfect for a browse and a warming treat. However you choose to spend your days, festive adventures

are within easy reach, then return to the comfort of Budock Vean for cosy evenings relaxing by the fire.



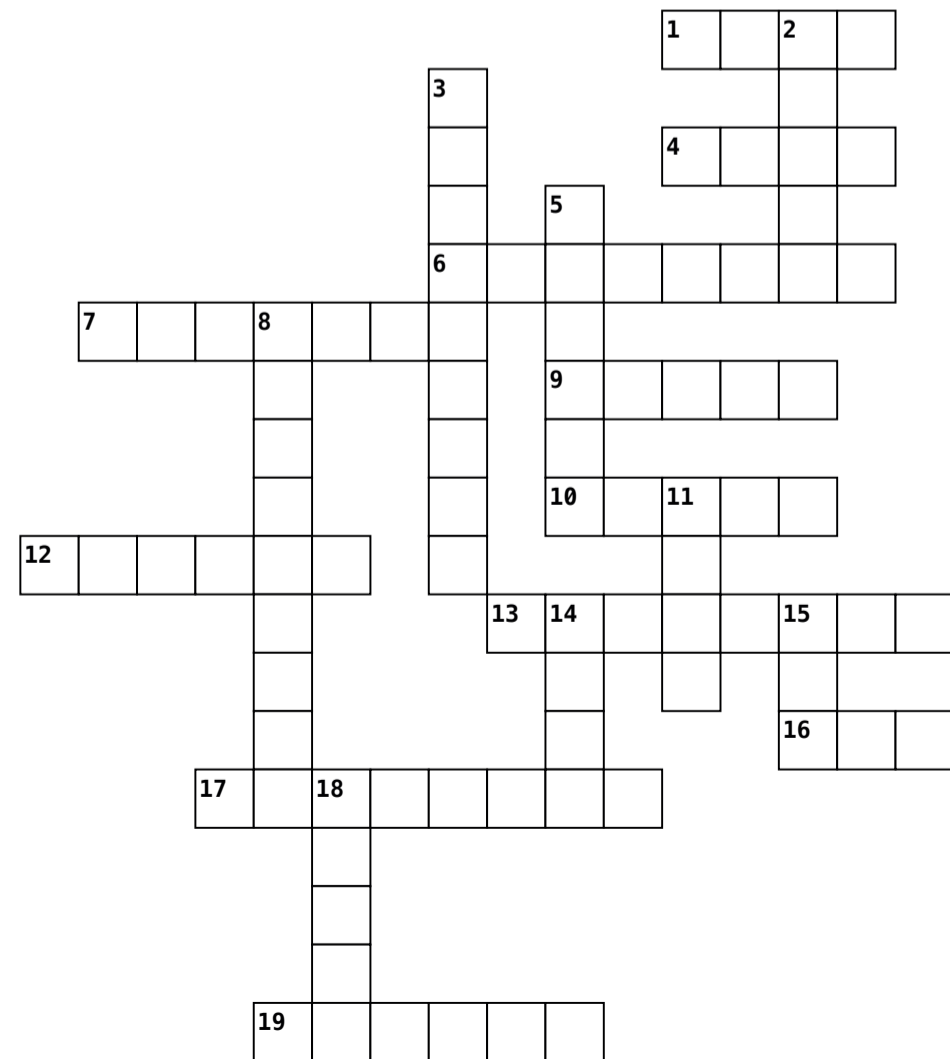
## Christmas crossword

### ACROSS

1. Shines in the sky
4. Frozen flakes
6. Santa's animals
7. Santa's entry point
9. Festive greenery with berries
10. Jolly man in red
12. Red-nosed reindeer
13. Hung by the fireplace
16. Santa's helpers
17. Winter month
19. Santa's ride

### DOWN

2. Christmas film 'Home \_\_\_\_\_'
3. '\_\_\_\_\_ of New York'
5. Twinkling decorations
8. Festive plant you kiss under
11. Not on the naughty list
14. Decorated evergreen
15. Frozen surface
18. Festive songs



## Learn the lingo

The Cornish language, known as 'Kernewek', is an integral part of Cornwall's rich cultural heritage. This Celtic language, closely related to Welsh and Breton, dates back more than a thousand years and offers a deep connection to the region's history and identity. While Cornish fell out of common use by the late 18th century, a revival movement in the 20th century brought it back to life, and it is now recognised as a living language. Today, Cornish isn't just a relic of the past; the language is celebrated through festivals, music, poetry, and an active community of speakers dedicated to its preservation. During the Christmas

season, Kernewek takes on a festive role, connecting Cornish traditions to the wider celebration of winter holidays. Many families and communities use Cornish greetings and songs, keeping the language alive in seasonal contexts. From carols sung in Cornish to holiday decorations labelled in Kernewek, Christmas provides a joyful way to share and experience the language. It's also common to see Christmas events, markets, and performances incorporating Cornish phrases, bringing both locals and visitors closer to Cornwall's cultural heritage.

### MERRY CHRISTMAS

## Nadelik Lowen

Pronounced  
*Nab-dell-ik Low-en*

### HAPPY NEW YEAR

## Bledhen Nowydh Da

Pronounced  
*bleh-den nob-wih dah*



# CHRISTMAS PARTY NIGHTS

Celebrate with the festive season with friends, colleagues or family at our Christmas Party Nights throughout November & December. Tickets are £49.50, including a welcome drink, three-course evening meal and DJ entertainment. If you'd like to stay with us and dance the night away, our bed & breakfast rates start at £70 per room based on two people sharing. To find out more information or to book contact our events team on **01326 250288** or email **events@budockvean.co.uk**

### DATES

- Friday 27th November
- Saturday 28th November
- Friday 4th December
- Saturday 5th December
- Friday 11th December
- Saturday 12th December
- Friday 18th December
- Saturday 19th December

## Menu



### STARTERS

- Duck terrine, quince, black garlic (NGCI\*/DF\*)
- Grilled goats cheese, pear and walnut (V/NGCI\*)
- Smoked salmon, dill, lemon, crème fraiche (NGCI\*/DF\*)

### MAINS

- Roast breast of turkey, stuffing, pigs in blankets, turkey gravy (NGCI\*/DF\*)
- Baked sea trout, champagne and saffron risotto, soft herbs (NGCI/DF\*)

Beetroot wellington, chestnut roasted sprouts and balsamic jus (VG\*/DF\*)

### DESSERTS

- Caramel chocolate delicie, banana and lime
- Christmas pudding, brandy sauce (NGCI\*/VG\*/DF\*)
- Selection of 3 cheeses crackers and chutney (NGCI\*)

# RING IN THE NEW YEAR

Enjoy a sparkling start to 2027 and celebrate in style on an unforgettable New Year Break at Budock Vean Hotel & Spa.

As we welcome 2027, make it a New Year to remember. Our New Year Break brings together cosy accommodation, exquisite dining, and a celebratory selection of tipples to see you through the festivities. In between, unwind in our leisure facilities with full access to the Natural Health Spa, and enjoy a carefully curated programme of events – all leading to a truly memorable New Year's Eve celebration.

## New Year's Eve

**11am** If you enjoy a game of golf, arrive early for our Yellow Ball team event.

**12.30pm – 2pm** Light lunches\* are served in the lounges, conservatory and golf area for anyone looking for a bite to eat.

**Arrival from 1pm** Enjoy use of

the leisure facilities, including the spa, with 10% off pre-booked treatments

**Check in from 3pm** Settle into your cosy room.

**Throughout the afternoon** Enjoy all that Budock Vean has to offer: take a garden stroll, relax in the spa or venture further afield on a riverside walk.

**From 7.45pm** Join us for a Champagne reception before a wonderful New Year's Eve meal in our restaurant. Enjoy music from a Cornish Piper before heading into an evening of celebrations at our New Year's Party!

## New Year's Day

**8-11am** Start the day with a New

Year's Day Brunch in the Helford Restaurant.

**11am** Check out. Enjoy full use of the facilities until 1pm. Why not explore the beautiful local area before heading home.

*If you're looking to stay a little longer, additional nights can be added to your stay.*

*Itinerary subject to change.*



## New Year's Eve



### 5 COURSE SET MENU

Dorset crab raviolo, diced apple, dashi beurre blanc

Quail scotch egg, wild mushroom ketchup (DF)

Beetroot cured salmon, celeriac and caper salad (DF) (NGCI)

West Country beef wellington, truffle pomme purée, roasted carrot

Budock Vean sherry trifle (V)

## Plan your getaway

Join us for a season of festive celebrations and magical moments at our countryside retreat this December.

### Christmas Breaks

Four nights | Arriving on 23rd  
From £1630 per couple

Three nights | Arriving on 24th  
From £1380 per couple

Two nights | Arriving on 24th  
From £1055 per couple

Your festive break includes your accommodation, breakfast, Christmas Day lunch, evening

dining, a festive entertainment schedule throughout your stay, full access to the Natural Health Spa, and 10% off pre-booked treatments.

### Twixmas Breaks

Two nights | Arriving from 27th  
From £430 per couple

Includes your accommodation, breakfast, dinner each evening, GAIA gift set, late checkout, full

access to the Natural Health Spa, and 10% off pre-booked treatments.

### Signature Spa Breaks

One, two or three nights | Arriving from the 27th  
From £320 per couple

Includes your accommodation, breakfast, GAIA gift set, 60-minute spa treatment, full access to the Natural Health Spa, and 10% off

pre-booked treatments.

### New year Breaks

One night | Arriving on 31st  
From £390 per couple

Includes your accommodation, breakfast, ticket to New Year's Eve party with live music and countdown to 2027, plus full access to the Natural Health Spa, and 10% off pre-booked treatments.

To book visit [budockvean.co.uk](http://budockvean.co.uk) or call us on **01326 250288**.

*Please see website for booking T&Cs. All activities subject to change. Prices are correct at time of print.*