



B
SPA

Make time for yourself



We've made a significant investment to make BSpa even better than before. With new areas and luxurious experiences, BSpa has everything you need to unwind, relax and refresh your mind and body.

With everything from a communal steam room & two types of saunas to a Himalayan Salt Room, an ice fountain and experience shower, we have added a wide range of luxury spa facilities you can choose between to find peace and soothe your mind & body.

De-stress in our new Himalayan Salt Room, which promotes healthier skin, good sleep and overall wellness. Relax, unwind & be pampered in one of our treatment rooms. Sit back in our relaxation room and outdoor hydrotherapy hot tub overlooking the Mercedes- Benz World track.

BSpa now features two types of communal sauna; an infra-red & Finnish sauna both of which offer de-tox benefits & boost your metabolism. Adjacent to our new, larger communal steam room is our experience shower and ice fountain.

Gently rubbing ice flakes over your body from our ice fountain is the ideal way to cool down & relax before moving on in your BSpa journey. Different water effects such as tropical rain, mist, monsoon and cold waterfall from our experience shower combine with lighting options to deliver a multi-sensory encounter and maximise the health benefits.



The Himalayan Salt Room has a unique micro climate, which promotes respiratory wellness. Take a seat on one of the lounge or hanging chairs and inhale the pristine, salt-infused air, which can alleviate allergies, clear sinuses, and improve lung function.

Complete your journey in BSpa by relaxing with the warmth of real sunlight in our sunlight therapy room and enjoy a cocktail, pretending you are on the beach in Miami.

In BSpa, the sun always shines in our sunlight therapy room, which uses full spectrum lighting and infrared heat to replicate natural sunlight with reduced level UVA & UVB rays for a safe and enjoyable experience all year round. Imagine being on the beach bathed in sunlight, the temperature a steady 28 degrees with a cloudless sky. Stretch out on your own or with a group of friends and enjoy a few drinks as well as a bite to eat from our 1907 beach bar menu.

You can choose to add a visit to the [comfort zone] Tranquillity Meditation Room* to your journey, which features gentle warming waterbeds to restore and relax the body to a resting temperature in a quiet, cocooning environment. [comfort zone]'s Tranquillity aromatic formula promotes a deep sense of wellbeing. The iconic fragrance diffuses a unique and precious fragrance into the Meditation Room to create a pleasant, relaxing environment. Intense floral notes and the enveloping notes of sweet orange and cedarwood promote an immediate feeling of well-being and relaxation whilst you sink into a warming waterbed.

Put back a little of what life takes out and experience an indulgent escape within our life spa environment.

*Additional charge



Residential Spa Breaks

Our spa breaks are the perfect way to relax and indulge, featuring some of our most popular treatments. We have breaks for thrill seekers with driving experiences at Mercedes-Benz World as well as those looking to enjoy award winning cuisine in 1907 restaurant, bar & grill.

Fast & Fabulous and Fast & Even More Fabulous

You can spend the weekend indulging in our BSpa facilities with two 25 minute spa treatments* each as well as enjoying a delicious meal in 1907 restaurant, bar & grill with our one or two night spa breaks. From £184.50 per person.

Sunday Spa Stopover

Weekends don't have to end on a Sunday. Extend your weekend with this spa break to enjoy peace with a handful of indulgence in BSpa with one 25 minute treatment* each. From £113 per person.

Car & Spa Package

Ever been on a break with a loved one and wanted to do different things? Our Car & Spa package has been designed to offer exactly that. Whilst one of you is enjoying a 50 spa treatment*, the other will be speeding around the Mercedes-Benz World track in a 3.0 litre V6 AMG Mercedes-Benz. You can share your experiences over dinner in 1907 restaurant, bar & grill. From £289.50 per person.

All our spa break packages include:

- Overnight accommodation in a Deluxe guest room
- Bathrobe & slippers to use during your stay
- Three hours Use of the BSpa facilities
- Full English or continental breakfast

Please ask our Reservations Team for more details

*From a selection of treatments

Our spa break packages are based on two people sharing a Deluxe guest room.



Spa Experiences

| | Mid Week | Weekend |
|---|------------------|------------------|
| Ultimate BSpa Experience | £299 per person | £374 per person |
| The Ultimate BSpa Experience is pure indulgence. Enjoy an 80-minute Comfort Zone Sublime Skin Facial and an 80-minute Himalayan Salt Scrub Ritual for radiant skin and total relaxation. Unwind on our warming waterbeds, then savour lunch with a glass of Prosecco. Includes £10 to spend on Comfort Zone products to take the luxury home. | | |
| BSpa Experience | £239 per person | £299 per person |
| A restorative spa escape for body and mind. Enjoy a choice of scrub ritual, a 50-minute Aromasoul Ritual Massage and a 50-minute Comfort Zone Facial. Includes relaxation time on warming waterbeds, lunch with Prosecco, and £10 to spend on Comfort Zone products. | | |
| Spa Life | £219 per person | £263 per person |
| A deeply relaxing spa experience including a 50-minute Himalayan Salt Massage Ritual and a 50-minute Comfort Zone Facial. Unwind on warming waterbeds, then enjoy lunch with Prosecco and £10 to spend on Comfort Zone products. | | |
| The Two of Us | £169 per person* | £209 per person* |
| Escape together with a shared spa experience. Enjoy a back, neck & shoulder scrub, massage and facial, each 25 minutes, followed by lunch in our spa café with a glass of Prosecco. | | |

*Based on two people in a dual treatment room



All Spa Experiences include use of the BSpa facilities, robe, towel & slippers



Spa Experiences

| | Mid Week | Weekend |
|---|-----------------|-----------------|
| Comfort Zone Experience | £167 per person | £209 per person |
| A day of pure relaxation including a 25-minute back, neck & shoulder massage, a 50-minute Comfort Zone Facial and full spa access. Finished with a one-course lunch and a glass of Prosecco. | | |
| Twilight Spa* | £135 per person | £185 per person |
| Unwind in style with our Twilight Spa experience. Enjoy a 50-minute treatment*, followed by a two-course dinner in 1907 restaurant, bar & grill with a glass of Prosecco. | | |
| *Available Sunday – Thursday from 4pm | | |
| [Meno]pause & Pamper | £131 per person | £162 per person |
| A deeply relaxing spa experience supporting perimenopause and menopause, featuring an 80-minute Comfort Zone Sublime Skin Facial and a cup of speciality Twist Tea. | | |
| Pick Me Up Spa | £105 per person | £126 per person |
| This is the perfect spa treat for an instant pick me up. Featuring a 50 minute treatment* and a cup of herbal tea. | | |
| School Run Spa | £112 per person | n/a |
| A well-deserved morning escape after the school run. Enjoy full spa access, a 50-minute treatment* and lunch in 1907 restaurant, bar & grill. | | |
| *Available Monday – Friday | | |
| Lazy Sunday Spa | n/a | £155 per person |
| A relaxing Sunday spa morning with full spa access, a 50-minute treatment* and a two-course Sunday lunch in 1907 restaurant, bar & grill. Available Sundays with use of the spa facilities from 9am to 12noon | | |

*For the above spa experiences, choose one of the following 50 minute treatments: Comfort Zone Facial | Aromasoul Ritual Massage | Luxury Manicure | Luxury Pedicure | Body Active Massage & Wrap | Aromasoul Body Scrub | New Mum New Life Massage.

All Spa Experiences include use of the BSpa facilities, robe, towel & slippers

Spa Experiences

| | | |
|--|-----------------|-----------------|
| Relax & Indulge with Lunch | £105 per person | £129 per person |
| Start with lunch, then unwind with an afternoon of relaxation at BSpa, including a 25-minute treatment** and a one-course lunch with a soft drink. | | |
| Relax & Indulge with Afternoon Tea | £109 per person | £135 per person |
| A blissful afternoon spa escape including full spa access, a 25-minute treatment** and indulgent afternoon tea in 1907 restaurant, bar & grill. | | |
| **For the above spa experiences, choose one of the following 25 minute treatments: | | |
| Body Active Massage Comfort Zone Express Facial Express Pedicure Express Manicure Body Brushing Cranial Massage. | | |
| Teen Time | £105 per person | £129 per person |
| A special spa experience for you and your teen. Enjoy three hours' spa access, an express facial to share and a delicious cream tea. For teens aged 13–17, accompanied by an adult. | | |
| Spa & Dine | £52 per person | £62 per person |
| Enjoy BSpa facilities morning, afternoon or evening, followed by your choice of a one-course lunch, dinner with a soft drink or afternoon tea in 1907 restaurant, bar & grill. | | |
| Tranquillity Meditation Room Experience | £22 per person | £22 per person |
| Relax for 30 minutes in our Tranquillity Meditation Room, where Comfort Zone's iconic aroma fills the air with soothing floral, orange and cedarwood notes. Unwind on a gently warming waterbed and enjoy a pot of Twist Tea or a glass of Prosecco. | | |
| Spa Pass (use of facilities for 3 hours) | £42 per person | £42 per person |

All Spa Experiences include use of the BSpa facilities, robe, towel & slippers



Comfort Zone Facial Treatments

| | Duration | Mid Week | Weekend |
|---|----------|----------|---------|
| Active Pureness | | | |
| A deep-cleansing facial that instantly smooths and brightens the complexion. Featuring a mattifying spirulina algae peel-off mask, it purifies and balances the skin, leaving it fresh, toned and refined. Suitable for all skin types. | | | |
| Remedy | | | |
| A deep-cleansing, mattifying facial with a spirulina algae mask for smoother, brighter, balanced skin. Suitable for all skin types, including sensitive and acne-prone. | | | |
| Hydraglow | | | |
| A refreshing facial delivering instant glow, hydration and vitality. Combining lactic acid, hyaluronic acid and regenerative prickly pear extract, it deeply hydrates and restores radiance for a healthy, dewy complexion. Ideal for dehydrated, dull or tired skin. | | | |
| | 25 mins | £59 | £73 |
| | 50 mins | £100 | £118 |
| Luminant Brightening | | | |
| An intensive brightening facial targeting dark spots, hyperpigmentation and uneven tone. Using 3-BRIGHT TECHNOLOGY™, it delivers immediate radiance and a more even complexion. | | | |
| BSpa Honey Glow Facial | | | |
| A nourishing BSpa facial using Comfort Zone products and a raw honey massage to restore radiance, boost circulation and leave skin plump, refreshed and luminous. Suitable for all skin types. | | | |
| | 50 mins | £106 | £118 |



Comfort Zone Facial Treatments

| | Duration | Mid Week | Weekend |
|--|----------|----------|---------|
|--|----------|----------|---------|

Sublime Skin Anti Ageing Facial Treatments

Give your skin the boost of radiance and plumpness that it needs with an innovative double peel followed by a lifting mask for immediate rejuvenation. The Active-lift™ massage, inspired by Kobido techniques, softens wrinkles and invigorates skin tone.

Sublime Super Peel

A powerful yet gentle multi-active peel suitable for all skin types. Using a double peel blend of alpha- and polyhydroxy acids, it deeply exfoliates and renews the skin, revealing instant smoothness and radiance..

Sublime Skin Ultra Glow Peel

An intensive brightening peel that promotes an even, radiant complexion. Deep renewal stimulates cell turnover for instant glow and improved appearance of dark spots..

| | | |
|---------|------|------|
| 25 mins | £70 | £85 |
| 50 mins | £106 | £124 |

Sublime Skin Pro Lift

A nourishing facial designed to combat thinning, dryness and loss of density, ideal for menopausal and post-menopausal skin. Using Cell-Support Technology™ and specialised massage techniques, it deeply regenerates, plumps and restores vitality.

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| 80mins | £141 | £159 |
|--------|------|------|



Comfort Zone Massage Treatments

| | Duration | Mid Week | Weekend |
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|--|----------|----------|---------|

Body Active Massage

An exclusive massage that combines the use of a bamboo massage roller with Tui-Na techniques.

Back, Neck, Shoulder Massage

Targeting the prime areas of stress & providing profound tension relief with a warm marine massage.

Cranial Massage

A soothing head, neck and shoulder massage designed to release upper-body tension and calm the mind. Not recommended for those with hair extensions or braids.

| | | |
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| 25 mins | £62 | £77 |
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Comfort Zone Himalayan Salt Ritual Massage

A deeply relaxing body ritual using warmed Himalayan salt stones to hydrate the skin and ease muscle tension. Please note the 25-minute treatment focuses on the back, neck and shoulders.

| | | |
|---------|------|------|
| 25 mins | £70 | £82 |
| 50 mins | £106 | £136 |
| 80 mins | £141 | £165 |

Why not upgrade to a double treatment room for an additional £10?



Comfort Zone Massage Treatments

| | Duration | Mid Week | Weekend |
|--|----------|----------|---------|
|--|----------|----------|---------|

Comfort Zone Aromasoul Ritual Massage

A revitalising Aromasoul Ritual Massage designed to restore balance to body and mind. Choose from four aromatic oil blends inspired by Oriental, Mediterranean, Indian and Arabian traditions. This is a calming and relaxing massage with set movements.

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| 50 mins | £194 | £112 |
|---------|------|------|

Comfort Zone New Mum New Life Massage

A gentle, nurturing massage perfect for during pregnancy* & as well as post pregnancy. Reduces swelling, improves circulation & contributes to skin silkiness & tone.

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|---------|-----|-----|
| 25 mins | £59 | £70 |
|---------|-----|-----|

*from 12 weeks

| | | |
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| 50 mins | £100 | £118 |
|---------|------|------|

BSpa Honey Glow Signature Massage

A nourishing BSpa signature massage using warm honey and grapeseed oil to deeply hydrate, soothe and restore the skin, leaving you relaxed and radiant.

| | | |
|---------|------|------|
| 50 mins | £106 | £136 |
|---------|------|------|

Deep Tissue Massage

A powerful deep-tissue massage using firm pressure to release chronic tension, ease muscle stiffness and support recovery, leaving you feeling restored and rebalanced.

| | | |
|---------|-----|-----|
| 25 mins | £70 | £82 |
|---------|-----|-----|

| | | |
|---------|------|------|
| 50 mins | £106 | £136 |
|---------|------|------|

| | | |
|---------|------|------|
| 80 mins | £141 | £165 |
|---------|------|------|



Comfort Zone Body Treatments

| | Duration | Mid Week | Weekend |
|--|----------|----------|---------|
|--|----------|----------|---------|

Back, Neck & Shoulder Scrub

An intensive exfoliating peel scrub combined with specialised techniques to relax and restore the neck, back and shoulders.

Body Brushing

Stimulates circulation, exfoliates dry skin and leaves skin soft and smooth, ready to absorb your massage oils for ultimate hydration. A brilliant pre-treat to any massage.

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|---------|-----|-----|
| 25 mins | £62 | £77 |
|---------|-----|-----|

BSpa Honey & Poppy Seed Renewal Ritual

A luxurious full-body ritual combining a poppy seed scrub with a warm honey massage to smooth, hydrate and deeply relax the body, leaving skin soft, radiant and renewed..

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|---------|------|------|
| 50 mins | £141 | £165 |
|---------|------|------|



Comfort Zone Body Treatments

| | Duration | Mid Week | Weekend |
|--|----------|----------|---------|
| Comfort Zone Body Strategist Body Renewal | | | |
| An intensive exfoliating peel scrub using specialised techniques to relax and restore the neck, back and shoulders.. | | | |
| | 50 mins | £94 | £112 |
| Comfort Zone Himalayan Salt Scrub Ritual | | | |
| A deeply relaxing Himalayan salt ritual using warmed salt blocks and a full-body scrub to detoxify, ease tension and restore balance. Finished with D-Age Cream to leave skin soft, nourished and toned. | | | |
| | 50 mins | £100 | £118 |
| Body Active Massage & Wrap | | | |
| An innovative body mask combined with a firming massage of the arms and legs using bamboo rollers and Tui-Na techniques.. | | | |
| | 50 mins | £106 | £136 |
| Aromasoul Ritual Scrub | | | |
| A unique renewing body ritual reflecting the ancient traditions of the Oriental, Mediterranean, Indian & Arabian cultures. The skin is left feeling soft & nourished. | | | |
| | 50 mins | £100 | £118 |
| Tranquillity Pro Sleep Ritual | | | |
| A deeply calming ritual designed to reduce stress, promote sleep and restore balance. Using Tranquillity™ essential oils, sound therapy and gentle massage techniques, it guides the body and mind into complete relaxation. | | | |
| | 50 mins | £106 | £136 |

Comfort Zone Body Treatments

| | Duration | Mid Week | Weekend |
|---|----------|----------|---------|
| Body Strategist Gua Sha Body Treatment | | | |
| A dynamic body treatment combining Body Strategist Thermal Mud with a sensorial massaging texture and continuous running techniques with two stainless steel Gua Sha. Sculpt, revitalise and energise the body. | | | |
| | 50 mins | £106 | £136 |

Why not upgrade to a double treatment room for an additional £10?



Manicures | Pedicures

| | Duration | Mid Week | Weekend |
|-----------------------------------|----------|----------|---------|
| Express Manicure Pedicure | 25 mins | £34 | £42 |
| Teen Manicure Teen Pedicure | 25 mins | £34 | £42 |
| Luxury Manicure Luxury Pedicure | 50 mins | £61 | £67 |

Please note that gel removal is not included in any of our manicures or pedicure.

Finishing Touches

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|--|---------|-----|-----|
| Lash or Brow Tint* | 20 mins | £22 | £30 |
| Lash & Brow Tint* | 25 mins | £33 | £42 |
| Trio - Lash & Brow Tint & Eyebrow Shape* | 45 mins | £40 | £46 |

*Patch test is required 24 hours prior to treatment

Waxing

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|---------------|---------|-----|-----|
| Full Leg | 50 mins | £56 | £65 |
| Half Leg | 25 mins | £40 | £46 |
| High Bikini | 25 mins | £33 | £41 |
| Under Arms | 15 mins | £22 | £29 |
| Lip & Chin | 25 mins | £17 | £22 |
| Back | 45 mins | £44 | £53 |
| Chest | 20 mins | £40 | £46 |
| Eyebrow Shape | 25 mins | £17 | £22 |



Membership

BSpa Membership

Our BSpa memberships make it easier to take time out and relax, rejuvenate and energise on a regular basis.

'Be Relaxed' and you can have full use of the spa facilities once a month as well as one 50 minute spa treatment for **£84 per month**.

'Be Calm' for when one treatment isn't quite enough, you can visit the spa twice a month with two 50 minute spa treatments. **£144 per month**.

'Be Tranquil' and you can guarantee to feel truly pampered as you'll be able to use the spa facilities as well as three 50 minute treatments of your choice per month. **£215 per month**.

Become a **'BSpa Ultimate Lifestyle'** member and you can enjoy unlimited use of the BSpa facilities*, three 50 minute spa treatments as well as unlimited use of the BFit gym. You'll also receive up to 50% discount* throughout the hotel. **£245 per month**.

BFit Membership

Located on the ground floor of Brooklands Hotel, BFit gym offers a modern, motivating environment to support your fitness, strength and overall wellbeing. Whether you're beginning your fitness journey or maintaining a regular routine, our flexible memberships are designed to fit around your lifestyle. **Membership starts from £49 per month**.



Black Card Membership

You can enjoy a host of fantastic benefits and savings from a complimentary overnight stay in a track facing room to a meal for two in 1907 restaurant, bar & grill plus a range of discounts throughout the year. When you become a **Black Card member**, you will receive the following **complimentary vouchers**:

- An overnight stay for two people in a track facing Deluxe room including breakfast
- A meal for two in 1907 restaurant, bar & grill
- A 25 minute spa treatment
- Two spa passes for two people in BSpa
- Meeting room hire for one day for up to 12 people
- Private dining room hire for lunch or dinner for up to 120 guests

Black Card members also receive the following benefits throughout the year:

- 10% off retail products in BSpa
- 50% discount off a luxury manicure or pedicure in BSpa
- 20% off food & 10% off beverages in 1907 restaurant, bar & grill
- 20% off spa treatments & experiences
- Complimentary Prosecco with full afternoon tea
- Preferential weekend accommodation rates
- Discounted room upgrade rates
- Five discounted spa day passes for two guests
- Preferential rates for Christmas Day, Boxing Day & New Year's Day dining packages
- Preferential rates for shared Christmas party nights
- Preferential rates for Mother's Day, Easter Sunday & Father's Day
- Recommend a friend rewards

All of this is **£295** for one year's membership. Treating yourself, family & friends in style couldn't be easier.



BROOKLANDS HOTEL

Book your escape now

Please call us on **01932 335710**

or email our team: **reservations@brooklandshotelsurrey.com**

www.brooklandshotelsurrey.com

Brooklands Hotel, Brooklands Drive, Weybridge, Surrey, KT13 0SL

Inclusions

- Use of the BSpa facilities is included in all spa experience packages.
- BSpa pass includes use of the BSpa facilities and bathrobe, towel & slippers.
- Food & beverages are not included in spa experience packages unless stated.
- For spa experiences with lunch included, guests can select from our spa lunch package inclusive menu. The dishes that are included with the package are marked 'inc'. Other dishes can be ordered should you wish and the supplement for these is shown on the menu.

Opening Times*

9am - 10.30pm 7 days a week

*Opening times are subject to availability & may vary during the Christmas period.

Booking and Cancellation Policy

- All treatments and/or packages must be booked in advance to avoid disappointment.
- Prepayment for treatments & packages is required at time of booking.
- To cancel or reschedule any spa treatments/days, we require a minimum of 24/48 hours notice. Cancellations with less than 24/48 hours notice are subject to full payment

Pre Arrival Information

Please arrive at least 15 minutes prior to your treatment/spa access start time to allow time to complete your pre-treatment consultation form.

Age Restrictions

The minimum age for BSpa guests is 13 years. The Teen Time spa package is available for guests aged 13-15 years. Guests aged 13-15 years must always be accompanied by a parent/guardian. Guests aged 16 & 17 may use the facilities without a parent/guardian & the only treatment available for them is a manicure or pedicure. 16 & 17 year olds may have a facial in a dual treatment room with a parent/guardian present. Physical ID/Proof of Age will be required on check in. The maximum number of 16 & 17 year olds in one booking is four.

Pregnancy

Treatments are available to those post 12 weeks of pregnancy. To discuss treatments suitable for pregnancy, please ask the Reservations Team at the time of booking.

Medical Conditions & Allergies

Please make us aware of any medical conditions or allergies at the time of booking.

'Teen Time' Important Information

- The Teen Time spa package is for teenagers aged 13-15 years.
- Treatments for teenager & adult will take place at the same time in the same treatment room.
- Each teenager must be accompanied by one adult, who must be present during all treatments.



Make time for yourself