



B
SPA

Make time for yourself



We've made a significant investment to make BSpa even better than before. With new areas and luxurious experiences, BSpa has everything you need to unwind, relax and refresh your mind and body.

With everything from a communal steam room & two types of saunas to a Himalayan Salt Room, an ice fountain and experience shower, we have added a wide range of luxury spa facilities you can choose between to find peace and soothe your mind & body.

De-stress in our new Himalayan Salt Room, which promotes healthier skin, good sleep and overall wellness. Relax, unwind & be pampered in one of our treatment rooms. Sit back in our relaxation room and outdoor hydrotherapy hot tub overlooking the Mercedes-Benz World track.

BSpa now features two types of communal sauna; an infra-red & Finnish sauna both of which offer de-tox benefits & boost your metabolism. Adjacent to our new, larger communal steam room is our experience shower and ice fountain.

Gently rubbing ice flakes over your body from our ice fountain is the ideal way to cool down & relax before moving on in your BSpa journey. Different water effects such as tropical rain, mist, monsoon and cold waterfall from our experience shower combine with lighting options to deliver a multi-sensory encounter and maximise the health benefits.



The Himalayan Salt Room has a unique micro climate, which promotes respiratory wellness. Take a seat on one of the lounge or hanging chairs and inhale the pristine, salt-infused air, which can alleviate allergies, clear sinuses, and improve lung function.

Complete your journey in BSpa by relaxing with the warmth of real sunlight in our sunlight therapy room and enjoy a cocktail, pretending you are on the beach in Miami.

In BSpa, the sun always shines in our sunlight therapy room, which uses full spectrum lighting and infrared heat to replicate natural sunlight with reduced level UVA & UVB rays for a safe and enjoyable experience all year round. Imagine being on the beach bathed in sunlight, the temperature a steady 28 degrees with a cloudless sky. Stretch out on your own or with a group of friends and enjoy a few drinks as well as a bite to eat from our 1907 beach bar menu.

You can choose to add a visit to the [comfort zone] Tranquillity Meditation Room* to your journey, which features gentle warming waterbeds to restore and relax the body to a resting temperature in a quiet, cocooning environment. [comfort zone]'s Tranquillity aromatic formula promotes a deep sense of wellbeing. The iconic fragrance diffuses a unique and precious fragrance into the Meditation Room to create a pleasant, relaxing environment. Intense floral notes and the enveloping notes of sweet orange and cedarwood promote an immediate feeling of well-being and relaxation whilst you sink into a warming waterbed.

Put back a little of what life takes out and experience an indulgent escape within our life spa environment.

*additional charge





Residential Spa Breaks

Our spa breaks are the perfect way to relax and indulge, featuring some of our most popular treatments. We have breaks for thrill seekers with driving experiences at Mercedes-Benz World as well as those looking to enjoy award winning cuisine in 1907 restaurant, bar & grill.

Fast & Fabulous and Fast & Even More Fabulous

You can spend the weekend indulging in our BSpa facilities with two 25 minute spa treatments* each as well as enjoying a delicious meal in 1907 restaurant, bar & grill with our one or two night spa breaks. From £177 per person

Sunday Spa Stopover

Weekend don't have to end on a Sunday. Extend your weekend with this spa break to enjoy peace with a handful of indulgence in BSpa with one 25 minute treatment* each. From £107.50 per person

Car & Spa Package

Ever been on a break with a loved one and wanted to do different things? Our Car & Spa package has been designed to offer exactly that. Whilst one of you is enjoying a 50 minute Comfort Zone Body Active Massage & Wrap, the other will be speeding around the Mercedes-Benz World track in a 3.0 litre V6 AMG Mercedes-Benz. You can share your experiences over dinner in 1907 restaurant, bar & grill. From £269.50 per person

All our spa break packages include:

- Overnight accommodation in a Deluxe guest room
- Bathrobe & slippers to use during your stay
- Use of the BSpa facilities
- Full English or continental breakfast

Please ask our Reservations Team for more details

*From a selection of treatments.

Our spa break packages are based on two people sharing a Deluxe guest room.



Spa Experiences

Mid Week

Weekend

Ultimate BSpa Experience

£299 per person

£274 per person

Take your spa experience to the next level with a Comfort Zone facial (80 minutes), a Himalayan Salt Scrub Ritual (80 minutes) as well as a lunch with a glass of Prosecco and a Comfort Zone gift worth £40 to take home.

BSpa Experience

£239 per person

£299 per person

A day of pure diversion with treatments to restore you inside & out. Featuring Himalayan Salt Scrub Ritual (50 minutes), Aromasoul Ritual Massage (50 minutes) and a Comfort Zone Facial (50 minutes), a Comfort Zone gift worth £30 to take home and a one course lunch with a glass of Prosecco.

Spa Life

£219 per person*

£263 per person*

A deep relaxation treatment experience for those in need of rest & rejuvenation. Featuring Himalayan Salt Massage Ritual (50 minutes), Comfort Zone Facial (50 minutes), a Comfort Zone gift worth £20 to take home and a one course lunch with a glass of Prosecco.

The Two of Us

£169 per person

£209 per person

For those wishing to lunch, chill out with friends and generally have a good time whilst fitting in a few essential treats. Featuring a Body Active Massage (25 minutes), Comfort Zone Express Facial (25 minutes), a Back, Neck & Shoulder Scrub (25 minutes), a Comfort Zone gift worth £10 to take home, a one course lunch with a glass of Prosecco.

*Based on two people in a dual treatment room

All Spa Experiences include use of the BSpa facilities, robe & towel



Spa Experiences

	Mid Week	Weekend
<p>Comfort Zone Experience</p> <p>A day combining the highlights of Comfort Zone. Featuring a Back, Neck & Shoulder Massage (25 minutes), Comfort Zone Facial (50 minutes), a Comfort Zone gift to worth £10 take home, a one course lunch with a glass of Prosecco.</p>	£167 per person	£209 per person
<p>Twilight Spa*</p> <p>A late afternoon treat to wind down at the end of the day. Featuring a 50 minute treatment**, a Comfort Zone gift worth £10 to take home, two course dinner in 1907 restaurant, bar & grill, a glass of Prosecco.</p>	£131 per person	£179 per person
<p>Pick Me Up Spa</p> <p>This is the perfect mid-week spa treat. Featuring a 50 minute treatment** and a cup of herbal tea.</p>	£102 per person	n/a
<p>School Run Spa</p> <p>Once you've dropped the kids off at school, take time out for you to recharge and energise. Featuring a 50 treatment**, use of the spa facilities from 9am to 12noon followed by a one course lunch with a soft drink.</p>	£109 per person	n/a
<p>Lazy Sunday Spa</p> <p>Finish your weekend in style. Featuring a 50 minute treatment** and a two course Sunday lunch in 1907 restaurant, bar & grill.</p>	n/a	£149 per person

*Available Sunday – Thursday from 4pm

*Available Monday – Friday

*Available Sundays with use of the spa facilities from 9am to 12noon.

**For the above spa experiences, choose one of the following 50 minute treatments:

Comfort Zone Facial | Aromasoul Ritual Massage | Luxury Manicure | Luxury Pedicure | Body Active Massage & Wrap | Aromasoul Body Scrub | New Mum New Life Massage.

All Spa Experiences include use of the BSpa facilities, robe & towel



Spa Experiences

	Mid Week	Weekend
Relax & Indulge (Lunch)	£102 per person	£126 per person
Enjoy lunch then spend the afternoon relaxing and indulging in BSpa. Featuring a 25 minute treatment** and a one course lunch with a soft drink.		
Relax & Indulge (Afternoon Tea)	£107 per person	£131 per person
Spend the afternoon relaxing and indulging in BSpa. Featuring a 25 minute treatment** and full afternoon tea.		
**For the above spa experiences, choose one of the following 25 minute treatments:		
Body Active Massage Comfort Zone Express Facial Express Pedicure Express Manicure Body Brushing Cranial Massage.		
Teen Time	£102 per person*	£126 per person*
Designed for you to spend the afternoon with your teen indulging together. Featuring a Comfort Zone Express Facial (25 minutes) each and Cream Tea for two		
*Based on two people booking the package		
Spa & Dine	£49 per person*	£59 per person*
Spend the morning, afternoon or evening indulging in all the BSpa facilities then head to 1907 restaurant, bar & grill to enjoy a one course lunch with a soft drink, indulgent afternoon tea with a pot of Twist Tea or a one course dinner with a soft drink.		
'Tranquillity Meditation Room Experience'	£34 per person	£60 per couple
Comfort Zone's Tranquillity iconic aromatic formula diffuses a unique & precious fragrance into the Meditation Room to create a pleasant, relaxing environment. Spend 30 minutes enjoying the intense floral notes along with enveloping notes of sweet orange & cedarwood, which promote an immediate feeling of well-being and relaxation whilst you let your troubles melt away sinking into a gentle, warming waterbed. Includes a pot of Twist Tea or glass of Prosecco.		
Spa Pass (use of facilities for 3 hours)	£39.95 per person	£39.95 per person

All Spa Experiences include use of the BSpa facilities, robe & towel



Comfort Zone Facial Treatments

Duration **Mid Week** **Weekend**

Active Pureness

If your skin is oily, scarred or acne prone, this is the perfect choice! Characterised by a mattifying peel-off Spirulina Algae mask, this deep purifying facial with Mandelic Acid, Green and White Clays rebalances and reduces pores and blackheads.

Remedy

An innovative, fortifying approach to sensitive, delicate skin. With a prebiotic from sugar beets, promoting cutaneous resilience, and Marula Oil, this facial calms the skin discomfort, relieves neuroinflammation and reinforces the skin's defence.

Hydramemory

The ultimate treatment for 24 hour double hydration and radiance; ideal for skin stressed by central heating and air conditioning. The Hydra Brush Massage transports the precious Moringa Oil and the Hyaluronic Acid biomimetic fragments deep into the skin.

25 mins	£57	£68
50 mins	£94	£110
80 mins	£127	£143

Sacred Nature Regenerative Elixir Facial

This regenerating pro-youth facial formulated according to COSMOS guidelines, nourishes, reoxygenates and protects the skin. The customised choice of two different masks, enhanced with the extraordinary Regenerlift Massage and a variety of special touch points throughout the treatment makes this a deeply relaxing facial, that leaves the skin radiant, firm and lifted.

25 mins	£57	£68
50 mins	£94	£110



Sublime Skin Anti Ageing Facial Treatments

Duration

Mid Week

Weekend

Sublime Skin Anti Ageing Facial Treatments

Give your skin the boost of radiance and plumpness that it needs with an innovative double peel followed by a lifting mask for immediate rejuvenation. The Active-lift™ massage, inspired by Kobido techniques, softens wrinkles and invigorates skin tone.

Sublime Skin Pro Lift

This intensive facial has a natural filler effect, providing instant skin firmness. The skin is nourished with a specialised Kobido facial massage followed with a replumping peel-off mask to restore fullness and tone.

Sublime Super Peel

This intensive facial visibly reduces expression lines and wrinkles and provides exceptional skin smoothness. The facial includes a facial massage and double peel which can be customised according to your skin condition. Suitable for the most delicate to the most resistant of skins.

Sublime Skin Ultra Glow Peel

This facial delivers immediate radiance and glow and provides an even complexion and improvement to hyper-pigmentation. The facial consists of an indulgent massage and tone correcting peel to treat dullness, hyper-pigmentation & melasma.

25 mins

£68

£79

50 mins

£99

£116

80 mins

£132

£149



Comfort Zone Massage Treatments

	Duration	Mid Week	Weekend
Body Active Massage			
An exclusive massage that combines the use of a bamboo massage roller with Tui-Na techniques. Back, Neck, Shoulder Massage Targeting the prime areas of stress & providing profound tension relief with a warm marine massage.			
Cranial Massage			
A light touch massage treatment to release tension.			
	25 mins	£61	£72
Himalayan Salt Ritual Massage			
An extraordinary ritual, beginning with a body massage using warmed Himalayan salt blocks which bestow relaxation, alleviating tension, stress & anxiety.			
	25 mins	£68	£77
	50 mins	£99	£127
	80 mins	£132	£154

Why not upgrade to a double treatment room for an additional £10?



Comfort Zone Massage Treatments

	Duration	Mid Week	Weekend
<p>Aromasoul Ritual Massage</p> <p>The remarkable and renowned therapeutic gifts of aromatherapy are used in this treatment, which begins with a personalised selection from our unique collection of aromatherapy oils based on the cultures of the Orient, Arabia, India or the Mediterranean.</p>	50 mins	£88	£105
<p>New Life New Mum</p> <p>A gentle, nurturing massage perfect for during pregnancy & as well as post pregnancy. Reduces swelling, improves circulation & contributes to skin silkiness & tone.</p>	50 mins	£94	£110
<p>Tranquillity Pro Sleep Massage</p> <p>Inspired by the Indonesian Sea Malay massage, this exceptional ritual acts in synergy with our Tranquillity™ Sound & Essential Oil Blend to effectively induce a state of deep rest & well being.</p>	50 mins	£99	£127
<p>Deep Tissue Massage</p> <p>Release tension & tightness held deeply in your muscles & connective tissues.</p>	25 mins	£68	£77
	50 mins	£99	£127
	80 mins	£132	£154



Comfort Zone Body Treatments

	Duration	Mid Week	Weekend
<p>Back, Neck & Shoulder Scrub</p> <p>The aromatherapeutic actions combined with the relaxing and repairing action of yellow clay, integrates and enhances the exclusive combination of manual techniques with decontracting action. An intensive treatment indicated to relax the area of head, neck, back and shoulders.</p>	25 mins	£61	£72
<p>Body Brushing</p> <p>Stimulates circulation, exfoliates dry skin and leaves skin soft and smooth, ready to absorb your massage oils for ultimate hydration. A brilliant pre-treat to any massage.</p>	25 mins	£61	£72
<p>Body Strategist Deep Body Renewal</p> <p>A smoothing, renewing & regenerating treatment for restored tone, elasticity & profound hydration. A sensorial cocooning and deeply relaxing experience for a complete transformation of the skin and tissues. Ideal for skins that needs moisture and elasticity.</p>	50 mins	£88	£105
<p>Himalayan Salt Scrub Ritual</p> <p>An extraordinary ritual, beginning with a body massage using warmed Himalayan salt blocks, which bestow relaxation, alleviate tension, stress & anxiety. An exhilarating salt scrub follows; a combination of the precious pink Himalayan salt crystals and aromatic oils to detoxify the body, ease aches and pains, stimulate the metabolism & restore vitality & balance.</p>	50 mins	£94	£110

Why not upgrade to a double treatment room for an additional £10?



Comfort Zone Body Treatments

	Duration	Mid Week	Weekend
Body Active Massage & Wrap			
Intensive remodelling and firming massage with an innovative body mask. Its efficacy is boosted by an exclusive massage that combines the use of a bamboo massage roller with Tui-Na techniques.			
	50 mins	£99	£127
Aromasoul Body Scrub			
A unique renewing body ritual reflecting the ancient traditions of the Oriental, Mediterranean, Indian & Arabian cultures. The skin is left feeling soft & nourished.			
	50 mins	£94	£110

Why not upgrade to a double treatment room for an additional £10?



Manicures | Pedicures

	Duration	Mid Week	Weekend
Express Manicure Pedicure	25 mins	£33	£39
Teen Manicure Teen Pedicure	25 mins	£33	£39
Luxury Manicure Luxury Pedicure	50 mins	£54	£61
Gel Polish			
Gel Polish Removal*	15 mins	£12	£17
Gel Polish Manicure Gel Polish Pedicure	50 mins	£50	£61

*Removal is complimentary when gel polish has been applied by BSpa and re-application is booked at BSpa



Finishing Touches

	Duration	Mid Week	Weekend
Lash or Brow Tint*	20 mins	£21	£28
Lash & Brow Tint*	25 mins	£32	£39
Trio - Lash & Brow Tint & Eyebrow Shape*	45 mins	£39	£43
Spray Tanning*	25 mins	£32	£39

*Patch test is required 24 hours prior to treatment

Waxing

Full Leg	50 mins	£54	£61
Half Leg	20 mins	£39	£43
High Bikini	25 mins	£32	£39
Under Arms	15 mins	£21	£28
Lip & Chin	15 mins	£17	£21
Back	45 mins	£43	£50
Chest	20 mins	£39	£43



Membership

BSpa Membership

Our BSpa memberships make it easier to take time out and relax, rejuvenate and energise on a regular basis.

'Be Relaxed' and you can have full use of the spa facilities once a month as well as one 50 minute spa treatment for **£72 per month**.

'Be Calm' for when one treatment isn't quite enough, you can visit the spa twice a month with two 50 minute spa treatments. **£129 per month**.

'Be Tranquil' and you can guarantee to feel truly pampered as you'll be able to use the spa facilities as well as three 50 minute treatments of your choice per month. **£189 per month**.

Become a **'BSpa Ultimate Lifestyle'** member and you can enjoy unlimited use of the BSpa facilities*, three 50 minute spa treatments as well as unlimited use of the BFit gym. You'll also receive up to 50% discount* throughout the hotel. **£254 per month**.

BFit Membership

With our **BFit membership**, you can enjoy unlimited access to our fitness suite to improve your cardiovascular fitness, gain strength and achieve key fitness goals. You can also choose membership with access to our new spa facilities. **Membership starts from £49 per month**.



Black Card Membership

You can enjoy a host of fantastic benefits and savings from a complimentary overnight stay in a track facing room to a meal for two in 1907 restaurant, bar & grill plus a range of discounts throughout the year.

When you become a **Black Card member**, you will receive the following **complimentary vouchers**:

- An overnight stay for two people in a track facing Deluxe room including breakfast
- A meal for two in 1907 restaurant, bar & grill
- A 25 minute spa treatment
- Two spa passes for two people in BSpa
- Meeting room hire for one day for up to 12 people
- Private dining room hire for lunch or dinner for up to 120 guests
- Black Card members also receive the following benefits throughout the year:
 - 20% off food & 10% off beverages in 1907 restaurant, bar & grill
 - 20% off spa treatments & experiences
 - 10% off retail products in BSpa
 - 50% discount off a luxury manicure or pedicure in BSpa
 - Complimentary Prosecco with full afternoon tea
 - Preferential weekend accommodation rates
 - Discounted room upgrade rates
 - Five discounted spa day passes for two guests
 - Preferential rates for Christmas Day, Boxing Day & New Year's Day dining packages
 - Preferential rates for shared Christmas party nights
 - Preferential rates for Mother's Day, Easter Sunday & Father's Day
 - Recommend a friend rewards

All of this is **£275** for one year's membership. Treating yourself, family & friends in style couldn't be easier.



BROOKLANDS HOTEL

Book your escape now

Please call us on **01932 335710**

or email our team: **reservations@brooklandshotelsurrey.com**

www.brooklandshotelsurrey.com

Brooklands Hotel, Brooklands Drive, Weybridge, Surrey, KT13 0SL

Inclusions

- Use of the BSpa facilities is included in all spa experience packages.
- BSpa pass includes use of the BSpa facilities and a bathrobe & towel only.
- Food & beverages are not included in spa experience packages unless stated.
- For spa experiences with lunch included, guests can select from our spa lunch package inclusive menu. The dishes that are included with the package are marked 'inc'. Other dishes can be ordered should you wish and the supplement for these is shown on the menu.

Opening Times*

Sunday to Wednesday: 9am – 7pm

Thursday to Saturday: 9am – 10.30pm

*Opening times are subject to availability & may vary during the Christmas period.

Booking and Cancellation Policy

- All treatments and/or packages must be booked in advance to avoid disappointment.
- Prepayment for treatments & packages is required at time of booking.
- To cancel or reschedule any spa treatments/days, we require a minimum of 24/48 hours notice. Cancellations with less than 24/48 hours notice are subject to full payment.

Pre Arrival Information

Please arrive at least 15 minutes prior to your treatment/spa access start time to allow time to complete your pre-treatment consultation form.

Age Restrictions

The minimum age for BSpa guests is 18 years. However, the Teen Time spa package is available for guests aged 13-17 years. Guests aged 13-17 years must always be accompanied by an adult.

Pregnancy

Treatments are available to those past 12 weeks of pregnancy. To discuss treatments suitable for pregnancy, please ask the Reservations Team at the time of booking.

Medical Conditions & Allergies

Please make the us aware of any medical conditions or allergies at the time of booking.

'Teen Time' Important Information

- The Teen Time spa package is for teenagers aged 13-17 years.
- Treatments for teenager & adult will take place at the same time in the same treatment room.
- Each teenager must be accompanied by one adult, who must be present during all treatments.