



## Twixmas Stays at Gaia Spa, Boringdon

Arrive from 27<sup>th</sup> December and stay until 30<sup>th</sup> December with our Awakening, Balancing or Calming Spa Breaks.

A serene space where you can retreat and enjoy some much-deserved festive season calm. Our Spa's facilities and therapies will provide the opportunity for you to nourish mind, body and spirit.

Gaia Spa is set within the grounds of Boringdon Hall and promotes your natural wellbeing in an environment designed to transcend the stresses of the modern-day routine.

Prepare for the festivities with beauty treatments in our beautiful salon so that you look and feel your best for the celebrations or opt for the ultimate in relaxation with a Gaia Ritual. Our facilities will be open throughout your festive break for you to enjoy. Head to the spa for a calming swim, admire the countryside views from the outdoor hydrotherapy swim through or relax with one of our five heat experiences.

The spa was named Hotel Spa of the Year in Western Europe & Scandinavia at the World Spa & Wellness Awards 2019 and Condé Nast Johansen's Best Destination Spa in the UK & Ireland 2018, 2020 and 2022.

Gaia Spa's facilities will be open daily from 6am – 10pm.



*Nourishing  
Experiences*