

SIGNET SPA

THE BARNSDALE

It's your time unwind your mind, whilst you
rejuvenate your body and nourish your spirit
at our *other-worldy-spa*.

SIGNATURE TREATMENTS

Boosted Signet Facial - 60 min 80
A boosted facial from our Signet spa experts, designed to relax and pamper.

Be Restored Massage - 60 min 80
Rehabilitate your body with a restorative massage, a top-to-toe treatment.

De-Stress Body Ritual - 60 min 85
Be kind to yourself with a massage targeting on stress points and restoring your zen.

Mother-To-Be Massage - 60 min 85
A massage specifically for mothers-to-be.
Treat yourself or another mother to a 'me' moment.

GAIA TREATMENTS

GAIA Jade Facial - 60 min 85
A bespoke facial infused with GAIA products and techniques.

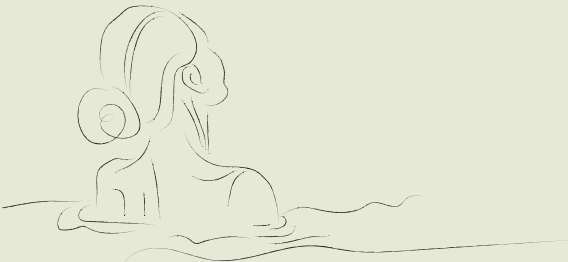
Mother GAIA - 60 min 85
A beautifully gentle, relaxing treatment perfect during and after pregnancy.

GAIA Bespoke Massage - 60 min 90
Experience a bespoke-to-you massage accentuated with GAIA products.

GAIA Restorative Massage - 60 min 90
Experience a therapeutic back cleanse followed by exfoliation scrub, before a GAIA mud mask to finish.

GAIA Hot Stone Massage - 60 min 90
Emerse yourself in a hot stone massage intertwined with GAIA products and techniques.

And *escape for a moment*,
at The Barnsdale.



Looking to book your
treatment?
Scan QR or visit our website
www.barnsdalerutland.com

A few *need-to-knows* before your appointment:



Please note booking in advance is recommended.

Please arrive 15 minutes before your treatment time to complete a health questionnaire.

Please be aware that turning up later than recommended could result in treatment time being shorter, or a cancelled treatment.

Please inform us of any medical conditions, surgical procedures you have had or allergies at the time of booking.

We operate a 48-hour cancellation policy for all treatments.

If you cancel within this time you will be charged the full amount for your treatment.

Please note our spa facilities and treatments are for over 18s only.

For our full T&C's please see our website.



SIGNET SPA
THE BARNSDALE

The Barnsdale, The Avenue, Exton, Oakham, Rutland, LE15 8AH
01572 724678 | spa@barnsdalerutland.com
www.barnsdalerutland.com